



The Wichita Running Club

Volume 3, Number 10

September 1978

WRC NOTES

The Running Club would like to welcome the following new members who bring our membership to 200.

Mike Burns	607 N. Crestway	Wichita, KS	67208
Mark Dohrer	550 Nims, Apt. 213	Wichita, KS	67203
James Ellwood	203 N. Rutan	Wichita, KS	67208
Jack Greenwood	P. O. Box 127	Medicine Lodge, KS	67104
Kent Hughes	813 Parklane Court	Derby, KS	67037
Jerry Johnson	848 Morningside	Derby, KS	67037
Bob Lida	5713 E. 19th	Wichita, KS	67208
Arthur Mould	1230 N. Crestway	Wichita, KS	67208
Nathan Richards	429 S. Terrace Dr.	Wichita, KS	67218
Bill Rutherford	320 N. Fourtain	Wichita, KS	67208

WRC was well represented at the Salt City Strider August races. Their results were:

2 Mile

Carl Nicholson	1(30+)	9:51
Dale Frazier	2(30+)	10:31
Pat Blanchard	3(OPN)	10:56
Bob Lida	2(40+)	11:40
Rick Trimmell	1(16-)	11:43
Gerald Witten	3(40+)	12:09
Paul Balthazor		12:24
Geral Graham		12:39
Donald Hackett		13:29
Ron Trimmell		14:50
Mary Jane Wooten		17:42

4 Mile

Carl Nicholson	1(30+)	21:14
Brent Coffman	2(OPN)	21:25
Brent Wooten	3(OPN)	21:43
Steven Palmer	6	23:16
Steve Ryan	3(30+)	24:04
Gerald Witten	1(40+)	27:05
Ron Ewy		28:35
Rick Trimmell		29:06
Emmett Allen		29:32
Susan Nicholson	2(30+W)	31:25

Walt Kleinsasser set a record while winning the 50+ Division at the Lake Atwood Race with a time of 70:40 which was 10 minutes less than the old record.

WRC SEPTEMBER RACE

Saturday, September 9 - The Running Club held two races with suprisingly good conditions for running. The temperature was about 65 and there was little wind. Carl Nicholson set a record while finishing first and winning the 30+ Division with a time of 15:53 in the 5 Kilo Race.

Five Kilo Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Hometown</u>
1. Carl Nicholson	31	15:53	1st 30+	Wichita
2. Brent Coffman	23	15:59	1st Open	Newton
3. Paul Shimon	31	16:18	2nd 30+	Winfield
4. Dave Robl	31	16:26		Wichita
5. J. Means	21	16:33	2nd Open	Wichita
6. Stephen Palmer	26	17:07		Wichita
7. Paul Balthazor	19	17:49		Wichita
8. David Daum	25	17:59		Wichita
9. Bob Lida	41	18:05	1st 40+	Wichita
10. Bill Wells	38	18:16		Wichita
11. Gary Brown	23	19:06		Wichita
12. Gregg Petersen	31	19:12		Newton
13. Terry Couch	18	19:29		Haysville
14. Will White	32	19:50		Wichita
15. Ron Ewy	27	20:53		Syracuse
16. Nathan Richards	37	21:00		Wichita
17. Jim Ellwood	40	21:18	2nd 40+	Wichita
18. Clark Hatfield	20	21:22		Wichita
19. Bernie Koch	29	22:34		Wichita
20. Gary Joy	25	22:52		Wichita
21. Art Mould	28	23:03		Wichita
22. Michael Urbom	29	23:28		Wichita
23. George Dean	45	23:52		Wichita
24. Roger Hatfield	26	23:57		Wichita
25. Denise Farha	27	24:00	1st Women 29-	Wichita
26. Darrell Patterson	13	24:01	1st 17-	Wichita
27. Steve Thomas	11	24:02	2nd 17-	Wichita
28. Mark Dohrer	28	24:07		Wichita
29. Gretchen Floerchingel	18	24:09	2nd Women 29-	Wichita
30. Jack Wiens	38	24:24		Wichita
31. Pat Frazier	10	24:37		Hutchinson
32. Roger Hatfield	49	25:23		Wichita
33. Carolyn Ewy	27	26:14		Syracuse
34. Mary Frazier	45	26:55	1st Women 30+	Hutchinson
35. Susan Abbott	29	27:42		Wichita
36. Holly Lewis	23	29:12		Wichita
37. Lester McGuire	35	30:01		Wichita

Twenty Kilo Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Hometown</u>
1. Terry Ziegler	27	1:08:16	1st Open	Wichita
2. Kendall Smith	21	1:11:48	2nd Open	Wichita
3. Brent Wooten	28	1:13:23		Wichita
4. Dale Frazier	32	1:15:12	1st 30+	Hutchinson
5. Clark Ensz	31	1:15:15	2nd 30+	Wichita
6. Tim Rives	19	1:15:28		Wichita
7. Charles Baker	36	1:16:40		Stillwater, OK
8. Kent Hughes	20	1:16:58		Derby

9. Mike Burns	28	1:17:09		Wichita
10. Steve Ryan	37	1:17:24		Wichita
11. Pat Regan	36	1:17:54		Wichita
12. Dale Burge	36	1:17:59		McPherson
13. Leon Mattocks	35	1:20:49		Wichita
14. Bob Ream	24	1:20:50		Wichita
15. Dave Landrum	33	1:23:54		Wichita
16. Robert Fowler	40	1:24:11	1st 40+	Wichita
17. Gerald Witten	49	1:24:14	2nd 40+	Wichita
18. Edwin Moreland	48	1:24:17		Emporia
19. Gary Seitz	29	1:25:07		Newton
20. Kent Naugle	38	1:28:16		Wichita
21. Jerry Johnson	41	1:28:17		Derby
22. Jerry Regan	12	1:28:41	1st 17-	Wichita
23. Mo Ediger	35	1:28:53		Wichita
24. Walt Kleinsasser	55	1:31:17	1st 50+	Hillsboro
25. Steve Lester	40	1:31:19		Wichita
26. Ed Thomas	38	1:32:35		Wichita
27. Donald Campbell	30	1:34:22		Wichita
28. Harvey Muelbroek	47	1:37:25		Wichita
29. Martin Eby	44	1:40:00		Wichita
30. Gerald Graham	41	1:43:03		Wichita
31. Charlie Claycomb	29	1:43:43		Wichita
32. Scott Damaree	27	1:44:30		Wichita
33. Jesse del Valle	39	1:45:25	1st Women 30+	Wichita
34. Susan Nicholson	26	1:51:21	1st Women 29-	Wichita
35. George Duerkson	41	1:56:48		Wichita

WRC OCTOBER RACE

<u>Event:</u>	Five Kilo Predict and One Mile Predict
<u>Date & Time:</u>	Saturday, October 21, 8:00 am
<u>Location:</u>	Races will be run along the Arkansas River Bike Paths north from West High School.
<u>Awards:</u>	One Mile - Trophies to first five places. Five Kilo - Trophies to first ten places.
<u>Entry Fee:</u>	WRC Members - \$2. Non-Members \$3.
<u>Registration:</u>	Parking Lot, Wichita West High School, 820 S. Osage
<u>Sanction:</u>	Road Runner Clubs of America
<u>Race Director:</u>	Brent Wooten, 3054 S. Custer, Wichita, KS 67217 Home 316-942-4560. Business 316-268-4480.
<u>Note:</u>	We were unable to use Echo Hills for this race on a Saturday Morning and did not feel it would be fair to hold a WRC Race on Friday.

AREA LONG DISTANCE RACES

09/30	0900	Women's Two Mile Race	Sims Park, Wichita	7
09/30	0900	Andale Invitational XC	SW Corner Campgroun, Cheney Resv.	6
09/30	1330	Santa Fe Trail 10 Kilo	76th & Floyd, Overland Park, KS	10
10/07	0900	Five Kilo Predict	OSU Intramural Field, Stillwater	3
10/08	1000	Octoberfest 1/2 Mar. FunRun	Sims Park, Wichita	12
10/08	1300	N. KC Fall Festival 10K	N. Kansas City, Missouri	11
10/08	1600	Sagebrush 10 Kilo	3-I Bldg., Garden City, KS	8
10/14	0900	Fifteen Mile	Lake Overholser, Oklahoma City	4
10/21	0925	Gorilla Grind 10 Kilo	9th & Broadway, Pittsburg, KS	1
10/21	1000	Ten Kilo & Five Kilo	Riverside Park, Tulsa	2

10/22 1000 Macy's 10 Kilo Run
10/28 1000 Tulsa Run 15 Kilo


11th & Main, Kansas City, MO
Williams Center, Tulsa

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Contacts -

- 1 Elwyn Davis, 605 Oakcrest, Pittsburg, KS 66762
- 2 Vern Whiteside, 6916 S. Knoxville, Tulsa, OK 74136
- 3 Eugene Baker, Route 1, Box 137-B, Stillwater, OK 74074
- 4 Dr. Dan Metcalf, 2240 NW 114th, Oklahoma City, OK 73120
- 5 Tulsa Run, One Williams Center, Box 2400, Tulsa, OK 74101
- 6 Bill Scheffler, Andale High School
- 7 Brent Wooten, 3054 S. Custer, Wichita, KS 67217
- 8 Steve Wood, 704 N. 7th, Garden City, KS 67846
- 9 Special Events Office, Macy's, 1034 Main, Kansas City, MO 64105
- 10 Race Director, 8837 W 75th, Shawnee Mission, KS 66204
- 11 Race Director, c/o City Hall, 2010 Howell, N. Kansas City, MO 64116
- 12 Leon Mattocks, 1332 S. Bleckley, Wichita, KS 67218

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