

WICHITA RUNNING CLUB NEWSLETTER

Volume 1, Number 7

September 1976

WICHITA RUNNING CLUB NOTES

The Running Club would like to welcome the following new members:

Gary Brown
Dale Frazier

John DuVall
Linda Parker

The Running Club now has a total of 85 members.

At the Lake Atwood 10 Mile Race held July 31st there were 179 finishers. WRC members Dale Goering was first in the 40 & Over Division and Leon Mattocks was fifth in the 30 & Over Division.

WICHITA RUNNING CLUB'S OCTOBER RACE DAY

Events: 5 Mile River Run & 1 Mile Predict

Date and Time: Saturday, October 9, 10:00 a.m. (NOTE TIME CHANGE)

Place: Wichita West High School

Course: Bicycle Path along Arkansas River

Divisions: Women, 18 & Under, Open, 30+, 40+, and 50+

Sanction: Road Runners Club of America

Registration: Wichita WHS Parking Lot. Runners must complete entry blanks prior to 9:45 a.m.

WRC SEPTEMBER RACE RESULTS

Saturday, September 14 - Leon Mattocks and Brent Wooten took 1st in the 8 Mile and 3 Mile races, respectively. Linda Parker won the Predict Mile. A total of 22 people competed in the three races. Dale Goering broke the 8 Mile Record for the 40 & Over Division with a time of 49:47. At race time the temperature was a pleasant 72 degrees. WRC would like to express thanks to Susan Peters and Ralph Allen for their help.

Predict Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Predict</u>	<u>Actual</u>	<u>Diff.</u>	<u>Home</u>
1.	Linda Parker	14	7:00	7:01	:01	Wichita
2.	David Ratliff	8	7:17	7:33	:16	Wichita
3.	Mike Allen	11	8:00	7:30	:30	Wichita
4.	Kevin Allen	7	9:16	8:21	:55	Wichita

Three Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1.	Brent Wooten	26	16:06	1st Open	Wichita
2.	David Robl	28	16:53	2nd Open	Wichita
3.	Steve Palmer	24	17:26	3rd Open	Wichita
4.	Steve Ryan	35	18:13	1st 30+	Wichita
5.	Gary Brown	21	19:01		Wichita
6.	Keith Miers	33	19:04	2nd 30+	Wichita
7.	Ken Brim	33	20:02	3rd 30+	Wichita
8.	Bob Lida	39	20:30		Wichita
9.	Leonard Smith	29	20:32		Wichita
10.	John DuVall	34	20:48		Wichita
11.	Gary Hay	33	23:10		Wichita

Eight Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1.	Leon Mattocks	33	47:33	1st 30+	Wichita
2.	Pat Blanchard	26	48:52	1st Open	Wichita
3.	Dale Goering	46	49:47	1st 40+	Wichita
4.	Dwight Gillespie	32	52:57	2nd 30+	Wichita
5.	Dale Frazier	30	52:27		Hutchison
6.	Bill Allen	25	54:13		Wichita
7.	Wayne Yonce	44	56:11	2nd 40+	Wichita

AREA LONG DISTANCE RACE SCHEDULE

Oct	9	10:00 am	1 Mile Predict & 5 Mile Riverside	Wichita, KS
	9		3 Mile Predict Cross Country	Stillwater, OK
	16	10:00 am	15 Mile Lake Overholser	Oklahoma City, OK
	23	9:00 am	4th Annual Double Riverside 10	Tulsa, OK
	24	1:00 pm	Mid-America Masters Cross Country	Shawnee Mission, KS
Nov	6	9:00 am	Lake Overholser Marathon	Oklahoma City, OK
	13	10:00 am	25 KM and 2 Mile Race	Tulsa Mohawk Park, OK
	20	10:00 am	1st Annual Turkey Trot	Wichita, KS
	20	9:00 am	20 KM and 1 1/2 Mile Race	Stillwater, OK
Dec	11	10:00 am	1 Mile Predict and 10 KM	Wichita, KS
	11	10:00 am	30 KM and 2 Mile Race	Stillwater, OK
	18	11:00 am	15 KM and 5 KM Race	Tulsa Mohawk Park, OK
Jan	1	11:00 am	New Year 10 KM Handicap & Open	Tulsa Mohawk Park, OK
	15		1st Annual Stillwater R.C. Marathon	Stillwater, OK

Race Contacts -

Wichita	Ray Graham, 10150 S. Hillside, Wichita, KS 67233 316-788-3872
Shawnee Mission	Carl Owezarbak, 6823 W. 77th Terrace, Overland Park, KS 66204 913-341-6864
Tulsa	Vern Whiteside, 6916 S. Knoxville Ave, Tulsa, OK 74136 918-492-7922
Stillwater	Dr. Billy Crynes, 920 N. Cantwell, Stillwater, OK 74074 405-377-3573
Oklahoma City	Dr. Dan Metcalf, 1417 N. Robinson, Oklahoma City, OK 73103 405-524-5958