



The Wichita Running Club

Volume 3, Number 11

October 1978

WRC NOTES

The Running Club would like to welcome the following new members:

Tom Brown	RT # 1, Box 16	Benton, KS 67017
Dan Burke	P. O. Box 611	Douglass, KS 67039
Bill Carroll	632 S. Belmont	Wichita, KS 67218
Betty & Jim Davis	313 S. Maple	Douglas, KS 67039
Ramona Douglass	9229 Bekemeyer	Wichita, KS 67212
Bonnie Evelyn	502 North Oak	Medicine Lodge, KS 67104
Craig Feagins	149 S. Delrose	Wichita, KS 67218
Stephanie Hillman	2029 N. Woodlawn #904	Wichita, KS 67208
Mary & Robert Kozicki	1748 Salina	Wichita, KS 67203
Harold Lehr	3926 Meadow Lane	Wichita, KS 67218
Holly Lewis	2029 N. Woodlawn	Wichita, KS 67208
Aurora Mendia	230 1/2 S. Chautauqua	Wichita, KS 67211
Steve Palmer	5513 E. 19th St. N.	Wichita, KS 67208
Larry Peer	1505 Phyllis Lane	Wichita, KS 67230
Kiehl Rathburn	8034 Levitt	Wichita, KS 67207
Doris Schmidt		Buhler, KS 67522
John Speer	P. O. Box 1402	Wichita, KS 67201
Berna Dene Spriggs	1172 N. Pinecrest	Wichita, KS 67208

These new members bring out membership to 217.

WRC members participating in WSU's Gold Classic were:

University 4 Mile	Open 2 Mile
26 Terry Ziegler	1 Dave Robl
40 Brent Wooten	2 Steve Palmer
41 Carl Nicholson	14 Charlie Claycomb
54 Paul Shimon	Susan Nicholson
59 Kendall Smith	

Trina Bugner won the City League Cross Country Race and qualified for the state meet October 28.

STATE'S FIRST ALL WOMEN'S RACE

Saturday, September 30, Theresa Jilka was the first finisher in Kansas's First all women's race with a fine time of 12:12. Other winners in this historic race were - Trudy Swint, Terri Torres, Doris Schmidt, and Ramona Douglas. The race was run in perfect weather and received good coverage by KAKE-TV.

Two Mile Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1. Theresa Jilka	20	12:12	1st 24 & Over	Wichita
2. Joyce Brubaker	18	12:59	2nd 24 & Over	Hesston
3. Trudy Swint	30	13:06	1st 30-34	Hutchinson
4. Terri Torres	26	13:23	1st 25-29	Hutchinson
5. Loretta Stauffer	21	13:24	3rd 24 & Under	Hesston
6. Shelly Balthazor	13	13:39		Wichita
7. Susan Nicholson	26	14:36	2nd 25-29	Wichita
3. Doris Schmidt	50	15:16	1st 40 & Over	Buhler
9. Annette Gronokowski	21	15:41		Wichita
10. Stephanie Hillman	30	15:59	2nd 30-34	Wichita
11. Ramona Douglass	38	16:01	1st 35-39	Wichita
12. Susan Tomlin	12	16:06		Hutchinson
13. Mary Jane Wooten	28	16:16	3rd 25-29	Wichita
14. Berna Dene Spriggs	42	16:21	2nd 40 & Over	Wichita
15. Mary Frazier	45	16:43	3rd 40 & Over	Hutchinson
16. Gayla Hefley	38	16:52	2nd 35-39	Wichita
17. Holly Lewis	23	16:58		Wichita
18. Charma Smith	22	17:01		Wichita
19. Linda Ellison	26	17:05		Wichita
20. Mary Hughes	45	19:00		Derby
21. Linda Saldana	27	22:51		Hutchinson

WRC and all the participants would like to thank Gayla's Kiva Fashions for sponsoring this historical race.

WRC OCTOBER RACE

Saturday, October 21 - WRC held two Predict Races on a beautiful fall morning. Steve Thomas won the Mile Predict coming within two seconds of his predicted time. Dave Robl was an additional second off in winning the Five Kilo Predict.

One Mile Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Diff.</u>	<u>Home</u>
1. Steve Thomas	11	6:13	:02	Wichita
2. Shelly Balthazor	13	6:39	:04	Wichita
3. Darrell Patterson	13	6:27	:09	Wichita
4. Michael Taint	23	5:38	:12	Wichita
5. Dianne Compton	36	7:32	:13	Wichita
6. Wayne Trimmell	21	5:35	:15	Wichita
7. Mary Jane Wooten	28	7:33	:23	Wichita
8. Mike Trimmell	12	6:40	:25	Wichita
9. Lester McGuire	35	7:05	:28	Wichita
10. Irvin Bashor	73	7:51	:29	Kimball, NB
11. Laurie Gower	17	7:06	:31	Maize
12. Mary Kozicki	34	7:57	:33	Salina
13. Betty Davis	39	6:54	:46	Douglass
14. Kelly Graham	11	7:12	:48	Wichita

15. Kevin Allen	9	7:15	:55	Wichita
16. Jim Davis	44	7:05	:65	Douglass
17. Carol Graham	38	10:23	:97	Wichita
18. Toni White	9	10:26		Wichita

Five Kilo Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Diff.</u>	<u>Home</u>
1. Dave Robl		16:43	:03	Wichita
2. Leon Mattocks	38	18:25	:05	Wichita
Carl Nicholson	31	15:45	:05	Wichita
4. Wayne Neale	47	22:24	:06	Wichita
5. Mal Doggett	44	19:47	:13	Wichita
6. Willard White	32	20:05	:15	Wichita
7. Steven White	23	21:17	:17	Wichita
Brent Wooten	28	16:27	:17	Wichita
9. Brent Coffman	23	16:08	:20	Newton
10. Kent Naugle	35	19:08	:22	Wichita
11. Paul Shimon	31	16:38	:23	Winfield
Tom Lewis	32	19:32	:23	Wichita
13. Paul Balthazor	19	19:01	:24	Wichita
14. Ramona Douglass	39	27:04	:26	Wichita
15. John Plett	33	19:58	:28	Wichita
16. Gary Brown	23	19:00	:30	Arkansas City
17. Pat Blanchard	29	17:28	:33	Wichita
Stephen Palmer	26	17:03	:33	Wichita
19. Susan Hollenbeck	29	25:04	:36	Wichita
20. James Ellwood	40	20:21	:39	Wichita
21. Charles Claycomb	29	21:20	:40	Wichita
Gayla Hefley	39	27:40	:40	Wichita
23. J. Means	21	20:46	:46	Wichita
24. Gerald Graham	41	20:32	:48	Wichita
Sam Peluso	29	21:18	:48	Rose Hill
26. Steve Ryan	37	19:09	:51	Wichita
27. Steve Lester	40	20:08	:52	Wichita
28. Clark Enszen	31	17:51	:53	Wichita
29. Kendall Smith	21	18:54	:54	Wichita
30. Terry Carlson	28	25:55	:55	Wichita
31. Ed Thomas	38	19:54	:64	Wichita
32. Ralph Allen	47	21:51	:69	Wichita
33. Robert Kozicki	29	26:10	:70	Salina
34. Susan Nicholson	26	23:48	:72	Wichita
35. Beverly Dunlap	25	24:39	:81	Wichita
36. Bob Lida	41	18:23	:83	Wichita
37. Thomas Mahoney	56	28:20		Honolulu
38. Kiehl Rathburn	30	23:37		Wichita
39. Natalie Mahoney	42	27:12		Honolulu
40. Berna Dene Spriggs	42	27:47		Wichita
41. Brent White		21:16		Wichita
42. Ed White	23	28:45		Wichita
43. Ed Kuhn	53	26:25		Wichita


AREA LONG DISTANCE RACES

11/04	1000	Half Marathon Team & 2 M	Sand Hills Park, Hutchinson, KS	1
11/05	0800	OCRC Marathon*	Lake Hefner, Oklahoma City	2
11/11		US ARMY XC* & Fun Run	Manhattan, KS	3
11/11	1000	10 Kilo Race	Medicene Lodge, KS	4
11/11	1400	Turkey Trot, M-2M, W-1MP	Couch Park, Stillwater	5
11/18		Turkey Trot 10M & 2M	Sim Park, Wichita	6
11/25		Knight's 5M Team & Individual	Lakewood Park, Salina	7
12/02		Sunflower Marathon & 1/2 Marathn	Lake Shawnee, Topeka	8

Contacts -

- 1 Dale Frazier, RFD 5, Box 338 F, Hutchinson, KS 67501
- 2 Dr. Dan Metcalf, 2240 NW 114th, Oklahoma City, OK 73120
- 3 Capt. Duane Iles, 1757 Cassell, Manhattan, KS 66502
- 4 Jack Greenwood, P. O. Box 127, Medicene Lodge, KS 67104
- 5 Eugene Baily, Route 1, Box 137-B, Stillwater, OK 74074
- 6 Brent Wooten, 3054 S. Custer, Wichita, KS 67217
- 7 Skip Oleson, 806 E. Minneapolis, Salina, KS 67401
- 8 Gene Johnson, 4330 Windsor Ct., Topeka, KS 66604


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