

WICHITA RUNNING CLUB

NEWSLETTER

Volume 3, Number 9

October 1977

DEAN HAGEMAN & CARL NICHOLSON WIN OCTOBER RACES

Saturday, October 22 - Dean Hageman of Wichita won the Eby Construction Five Mile Race while Carl Nicholson also from Wichita won the Two Mile Race. Temperature at race time was in the low 60's. A total of 45 runners competed in both races.

Five Mile Results -

| <u>Name</u> | <u>Age</u> | <u>Time</u> | <u>Place</u> | <u>Hometown</u> |
|---------------------|------------|-------------|--------------|-----------------|
| 1. Dean Hageman | 22 | 25:47 | 1st Open | Wichita |
| 2. Paul Shimon | 30 | 28:06 | 1st 30+ | Winfield |
| 3. Pete Senkowski | 30 | 28:18 | 2nd 30+ | Wichita |
| 4. Ken Renner | 23 | 28:32 | 2nd Open | Emporia |
| 5. Pat Blanchard | 28 | 28:43 | 3rd Open | Wichita |
| 6. John Seybold | 30 | 29:21 | 3rd 30+ | Emporia |
| 7. Steve Luper | 22 | 29:22 | | Wichita |
| 8. Leon Mattocks | 34 | 30:15 | | Wichita |
| 9. Steve Rangel | 30 | 30:26 | | Wichita |
| 10. Clark Ensz | 30 | 30:32 | | Wichita |
| 11. Gary Brown | 22 | 30:52 | | Wichita |
| 12. David Landrun | 32 | 31:07 | | Wichita |
| 13. Wayne Yonce | 45 | 31:20 | 1st 40+ | Wichita |
| 14. John Clark | 32 | 31:41 | | Wichita |
| 15. Linda Quinlisk | 25 | 31:44 | 1st Women | Wichita |
| 16. Robert Fowler | 39 | 31:53 | | Wichita |
| 17. Gerald Witten | 48 | 31:59 | 2nd 40+ | Emporia |
| 18. William Heaston | 42 | 34:13 | 3rd 40+ | Wichita |
| 19. Jack White | 44 | 36:05 | | Wichita |
| 20. Steve Lester | 39 | 36:52 | | Wichita |
| 21. Leo Fessler | 32 | 36:56 | | Emporia |
| 22. Glendon Miller | 39 | 37:49 | | Wichita |
| 23. Mike Dove | 26 | 38:15 | | Wichita |
| 24. Mark Ingram | 18 | 38:31 | 1st 18- | Wichita |
| 25. Martin Eby | 43 | 38:39 | | Wichita |
| 26. Don Graves | 39 | 39:05 | | Wichita |
| 27. Donnie Graves | 18 | DNF | | Wichita |

Two Mile Results -

| <u>Name</u> | <u>Age</u> | <u>Time</u> | <u>Place</u> | <u>Hometown</u> |
|-------------------|------------|-------------|--------------|-----------------|
| 1. Carl Nicholson | 30 | 10:12 | 1st Open | Wichita |
| 2. Dave Robl | 29 | 10:32 | 1st 30+ | Wichita |
| 3. Larry Towns | 33 | 11:18 | 2nd 30+ | Augusta |
| 4. Steve Palmer | 25 | 11:25 | 2nd Open | Wichita |

Two Mile Results(cont'd)

| | | | | |
|-----------------------|----|-------|-----------|----------------|
| 5. Keith Miers | 40 | 11:45 | 1st 40+ | Wichita |
| 6. Bob Lida | 40 | 12:22 | 2nd 40+ | Wichita |
| 7. Theresa Jilka | 19 | 12:23 | 1st Women | Wichita |
| 8. Willard White | 31 | 12:29 | 3rd 30+ | Wichita |
| 9. Jack Greenwood | 51 | 12:48 | 3rd 40+ | Medicine Lodge |
| 10. Sam Peluso | 28 | 12:57 | 3rd Open | Rose Hill |
| 11. Lynn Woodward | 32 | 13:14 | | Wichita |
| 12. Gerald Graham | 40 | 13:29 | | Wichita |
| 13. Shelley Balthazor | 12 | 13:30 | 2nd Women | Wichita |
| 14. John Belt | 39 | 13:31 | | Wichita |
| 15. Ron Higgins | 40 | 15:31 | | Clearwater |
| 16. Irvin Bashor | 72 | 15:58 | | Kimball, NB |
| 17. Gayla Hefley | 38 | 16:27 | 3rd Women | Wichita |
| 18. Jim Grose | 36 | 16:51 | | Wichita |

WRC NOTES

WRC would like to welcome the following new members:

| | |
|---------------------|---------|
| Gerald Graham (40) | Wichita |
| Stephen Lester (39) | Wichita |
| Linda Quinlisk (25) | Wichita |

Carl Nicholson ran in the Andale Invitational Cross Country Meet and won the Sub-Masters Division with a time of 11:07.

John Burdan sent a letter relating his running activities while he is in Europe. It seems like he is running in a race every weekend and he helped the base Marathon Team win a recent championship.

AREA DISTANCE RACES

| <u>Date</u> | <u>Time</u> | <u>Event</u> | <u>Location</u> | <u>Contact</u> |
|-------------|-------------|----------------------------|-----------------------------|----------------|
| November | | | | |
| 12 | 0900 | 4 Mile Relay & 880 Yd Dash | OSU, Stillwater, OK | 1 |
| 13 | 1300 | Distance & Est. Time Races | UMKC Track, Kansas City, MO | 2 |
| 19 | 1000 | Turkey Trot - 2 & 10 Mile | Sims Park, Wichita, KS | 3 |
| 19 | 1000 | 15 Kilo and 2 Mile | Mohawk Park, Tulsa, OK | 1 |
| 26 | 1400 | Knight's 15 Kilo Fun Run | E. Crawford Rd., Salina, KS | 4 |

Contacts

| | |
|---|--|
| 1 | Vern Whiteside, 6916 S. Knoxville, Tulsa, OK 74136 |
| 2 | Bill Taft, KC Parks & Recreation, 17th & Woodland, Kansas City, MO 64108 |
| 3 | Brent Wooten, 3054 S. Custer, Wichita, KS 67217 |
| 4 | Skip Olsen, 806 E. Minneapolis, Salina, KS 67401 |



THE WICHITA RUNNING CLUB

2ND ANNUAL

TURKEY TROT

A 10 & 2 MILE RACE

SAT. NOV. 19, 1977 - 10 A. M.

STARTING TIME AT 10:00 A.M.

ALL RUNNERS TO BE REGISTERED
BY 9:45 A.M. AT RACE SITE.
REGISTRATION SITE IS COWTOWN
PARKING LOT IN SIM PARK

AWARDS

PLAQUES TO TOP THREE FINISHERS IN
10 MILE EACH DIVISION
TROPHIES TO TOP THREE FINISHERS IN
2 MILE EACH DIVISIONS
STOCKING HATS TO ALL FINISHERS
TWO TURKEYS TO BE GIVEN AWAY

ENTRY FEE

\$2.00 WRC-MEMBERS
\$3.00 NON-MEMBERS

INFORMATION:

Brent Wooten
3054 S. Custer
Wichita, Ks 67217
942-4560

Steve Ryan
9804 W. 12th
Wichita, Ks.
722-1989

COURSE

FAST-FLAT-SCENIC
ASPHALT PAVED LOOP
THROUGH SIM PARK
& RIVERSIDE.

RACE DIVISIONS

18-UNDER
OPEN
30-39
40-OVER
WOMAN

SANCTION

ROAD RUNNERS CLUB of
AMERICA

SPONSORED BY: WICHITA RUNNING CLUB