

WICHITA. RUNNING CLUB NEWSLETTER

Volume 1, Number 8

October 1976

WICHITA RUNNING CLUB NOTES

Dale Goering braved rainy cool distance running weather during the AAU Master's Championships at Gresham, Oregon to place high in the 45-49 division. He was second in the 800 and 1500 meter races with times of 2:09.8 and 4:33.0 respectively. Congratulations Dale.

WRC'S FIRST ANNUAL TURKEY TROT 2 & 10 MILE RACES

Date and Time: Saturday, November 20, 10:00 am

Place: Sims Park, Meet at Cow Town Parking Lot for registration

Course: 2 Mile - Start at Cow Town Parking Lot and run thru Sims Park and Golf Course.
10 Mile - Start at Cow Town Parking Lot and run three loops thru Sims Park and Riverside Park.

Divisions: Women, 18 & Under, Open, 30+, 40+

Awards: 2 Mile - Trophies to first finisher in each division and medals to all finishers.
10 Mile - Trophies to first three finishers in each division and medals to all finishers.
In addition there will also be two turkeys given away.

Sanction: Road Runners Club of America

Entry Fee: Members \$2.00. Non-Members \$3.00.

Registration: All runners must complete entry blanks at race site prior to 9:45 am Saturday morning. Registration site at Cow Town Parking Lot in Arthur Sims Memorial Park.

Race Director: Brent Wooten Home 522-4581. Business 268-4480.

WRC OCTOBER RACE RESULTS

Saturday, October 9, 1976 - Leon Mattocks took the Five Mile Race honors over a field of fourteen for a WRC record on an unofficial course. Gayla Hefley won the Women's Division while her father Irvin Bashor age 71 from Kimball, Nebraska is still able to show her who's boss. We admire his ability to compete and hope he can return for a future race. Mike Allen won the Predict Mile over a field of eight WRC would like to express thanks to Susan Peters and Corky Couch for officiating.

Predict Mile Results -

| | <u>Name</u> | <u>Age</u> | <u>Predict</u> | <u>Actual</u> | <u>Diff</u> | <u>Home</u> |
|----|-------------------|------------|----------------|---------------|-------------|-------------|
| 1. | Mike Allen | 11 | 7:30 | 7:37 | :03 | Wichita |
| 2. | Ralph Allen | 45 | 6:15 | 6:20 | :05 | Wichita |
| 3. | Gayla Hefley | 36 | 8:41 | 8:35 | :06 | Wichita |
| 4. | David Ratliff | 8 | 7:27 | 7:20 | :07 | Wichita |
| 5. | Kevin Allen | 7 | 8:37 | 8:55 | :18 | Wichita |
| 6. | Irvin Bashor | 71 | 7:25 | 7:45 | :20 | Kimball, NB |
| 7. | Raymond Poteete | 46 | 6:30 | 7:00 | :30 | Derby |
| 8. | Kevin Stonestreet | 12 | 7:04 | 7:40 | :36 | Wichita |

Five Mile Results -

| | <u>Name</u> | <u>Age</u> | <u>Time</u> | <u>Home</u> |
|-----|------------------|------------|-------------|-------------|
| 1. | Leon Mattocks | 33 | 27:16 | Wichita |
| 2. | Dwight Gillespie | 33 | 27:31 | Wichita |
| 3. | Dale Goering | 46 | 28:13 | Wichita |
| 4. | Pat Blanchard | 27 | 28:56 | Wichita |
| 5. | Dale Frazier | 30 | 29:04 | Hutchinson |
| 6. | Brad Anderson | 25 | 30:11 | Newton |
| 7. | Bill Joe Allen | 26 | 30:34 | Wichita |
| 8. | Robert Winslow | 20 | 30:58 | Wichita |
| 9. | Mike Erker | 20 | 31:19 | Wichita |
| 10. | Sam Peluso | 26 | 32:21 | Rose Hill |
| 11. | Raymond Poteete | 46 | 35:07 | Derby |
| 12. | Dale Brooks | 52 | 38:13 | Newton |
| 13. | Irvin Bashor | 71 | 40:32 | Kimball, NB |
| 14. | Gayla Hefley | 36 | 50:08 | Wichita |

AREA LONG DISTANCE RACES

| | | | | |
|-----|----|----------|-------------------------------------|-----------------------|
| Nov | 6 | 9:00 am | Lake Overholser Marathon | Oklahoma City, OK |
| | 13 | 10:00 am | 25 KM and 2 Mile Race | Tulsa Mohawk Park, OK |
| | 20 | 10:00 am | 1st Annual Turkey Trot | Wichita, KS |
| | 20 | 9:00 am | 20 KM and 1 1/2 Mile Race | Stillwater, OK |
| Dec | 11 | 10:00 am | 1 Mile Predict and 10 KM | Wichita, KS |
| | 11 | 10:00 am | 30 KM and 2 Mile Race | Stillwater, OK |
| | 18 | 11:00 am | 15 KM and 5 KM Race | Tulsa Mohawk Park, OK |
| Jan | 1 | 11:00 am | New Year 10 KM Handicap & Open | Tulsa Mohawk Park, OK |
| | 15 | | 1st Annual Stillwater R.C. Marathon | Stillwater, OK |

Race Contacts -

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| Wichita | Brent Wooten, 1010 W. 44th St. So. # 44, Wichita, KS 67217 316-522-4581 |
| Tulsa | Vern Whiteside, 6916 S. Knoxville Ave, Tulsa, OK 74136 918-492-7922 |
| Stillwater | Dr. Billy Crynes, 920 N. Cantwell, Stillwater, OK 74074 405-377-3573 |
| Oklahoma City | Dr. Dan Metcalf, 1417 N. Robinson, Oklahoma City, OK 405-524-5958 |