

WICHITA RUNNING CLUB NEWSLETTER

Volume 1, Number 3

May 1976

FROM THE PRESIDENT

I want to personally thank all the people who supported the American Cancer Society on 1 May, with their running efforts. We received a lot of publicity for the club and its members, which can only help us to expand in the future. We should continue to support efforts like this, for it not only benefits us as individuals but enhances the runner's image in the eyes of the public.

I have received permanent change of station orders which transfer me to Germany this coming summer. This means there has to be an election in order to fill my office. We are planning to have a picnic on the 6th of June at Gayla Hefley's house. The picnic is scheduled for late Sunday afternoon and we should all be there to renew old acquaintances, meet new friends and elect a new president for the club. Details for the picnic are elsewhere in the newsletter as Steve Ryan and Gayla are the co-chairmen for the event. I want to thank all personnel for their support in getting the club started and may it be a bigger venture when I return to the States.

We have set the fifth of June as our Competition Day, and the runs should start at 8:00 in the morning. We have established this time for two reasons: First, the weather is getting hotter and obviously we need to run while it is still cool. Secondly our attendance at 10 o'clock has fallen off quite drastically. This may have happened because it conflicts with other chores that have to be accomplished on this day.

Hope to see you all at our next competition run on 5 June at 8 am.

NEW MEMBERS

The Wichita Running Club would like to welcome the following new members:

Brad Anderson (25)
Ed Carroll (20)

Tammie Gilpin (18)
Sam Peluso (26)

RRCA ANNUAL MEETING REPORT

The 19th annual meeting of the Road Runners Club of America was held in Boston on April 18, 1976. The meeting was opened with the usual reading of the minutes of last year's meeting and the Treasurer's report. During the past year the RRCA has a net loss of \$301.05. Gar Williams, retiring president, announced that the RRCA had doubled in club memberships during the past year. Sixty-two clubs now belong to RRCA.

The proposed slate of officers were elected unanimously. The nominees had been selected on the basis of their past work in RRCA and their willingness to accept

RRCA MEETING REPORT (Cont'd)

the positions. Kathy Switzer and Bill Rogers were presented awards for the Road Runners of the year.

It was decided, as an experiment, that next year a new site would be selected for the RRCA convention. Many of the attendees expressed doubt that the convention at a new location could draw either the number or cross section of people that it can in Boston prior to the marathon. The host city or club will try to conduct a long distance run of some type as an incentive to attend. The St. Louis club expressed interest in hosting next year's convention.

A lengthy discussion was held regarding the dissatisfaction with qualifying time requirements for the Boston Marathon. Most everyone wanted to restore it to an open race. A resolution was passed that a committee be formed to draft and present to Prudential, Honeywell and the Boston Chamber of Commerce a package plan showing how a Boston could once again be an open race and how a larger number of runners could be adequately handled at both the start and finish.

Other items were discussed during the four hour meeting.

WRC FAMILY PICNIC

The WRC Family Picnic will be held Sunday afternoon June 6th starting at 4:30 pm. A short business meeting will be held at 5:00 o'clock and dinner will begin at six. Everyone is asked to bring a covered dish which will be enjoyed by all. Also please bring dinner service for your family or guests. Hopefully we will be eating outdoors so please bring lawn chairs or a blanket. The picnic will be held at Gayla and Gary Hefley's, 367 N. Brunswick. If you have any questions please call Gayla 722-7065 or Steve Ryan 722-1989.

Those coming out on Central will turn south(left) on Ridge Road. There is a Phillips 66 Service Station on the corner and the Central Heights Shopping Center behind. After you turn south on Ridge, turn west(right) on Brunswick(which is the first street you will come to). Hefley's house is the 5th house on the right. Brunswick curves and Hefley's house is in the curve of the street.

WRC NOTES

We now have iron-on transfers of our logo. They cost \$1 and may be ironed on almost any material. The instructions exclude nylon but Wayne Yonce didn't have any problem when tried putting one on a jacket.

We have been recognized by The Road Runners Club of America as a member club. You should begin receiving their mailings soon.

The Club bought an advertisement in the USTFF program to get our name in front of more people. As a result we received passes which we are enclosing with this newsletter.

WRC NOTES (Cont'd)

Membership cards are now being printed and should be finished next week. We hope to have them available at the picnic.

A "Pride in a Stride" brochure has been enclosed for the members who want to contribute toward a new track for Cessna Stadium. Normally solicitations will not appear in the Newsletter. However we are interested in track and running in the Wichita area and feel it is appropriate to include the flyer. We feel that WRC members would hate to lose the opportunity to see top flite track at the State Championships and USTFF Championship.

In future Newsletters we would like to include articles by members about their running routes. We would appreciate it if you would take a few minutes and write about your running routes, i. e. describe route, length, highlights, etc. Later an article using all the information in the articles will be written and submitted to Runner's World to be included in their City Series.

As John indicated in his article, the Wichita Running Club was well represented in the Jim Hershberger Run-R-Walk for the American Cancer Society. Fifteen members participated in the event. Their sponsors pledged \$1700.20.

WICHITA RUNNING CLUB'S JUNE RACE DAY

<u>Date and Time:</u>	Saturday, June 5, 1976, 8:00 a.m. (Note change in time.)
<u>Distance:</u>	Predict Mile, Three Mile, and Eight Mile
<u>Place:</u>	West High School - Predict Mile on track. Three and Eight Mile races along Arkansas River.
<u>Divisions:</u>	Women, Junior, Under 30, 30-40, 40-50, 50 & Over
<u>Awards:</u>	All participants.
<u>Entry Fee:</u>	\$2.00 for WRC members and \$3.00 for non-members.
<u>Official:</u>	Race Director - Ray Graham

RUNNING CLUB RACE DAY

Wichita, Kansas, Saturday, March 27, 1976 - The Wichita Running Club conducted its Race Day at West High School and along the Arkansas River through Riverside Park and residential area. Twenty-five people enjoyed the fine Kansas morning and frien

Predict Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Predict</u>	<u>Actual</u>	<u>Diff</u>
1.	Tammie Gilpin	18	8:00	7:57	:03
2.	Jim Berlin	34	7:20	7:15	:05
3.	Robert M. Beattie, Jr.	19	5:45	5:51	:06
4.	Ralph Allen	44	6:50	6:57	:07
5.	Rod Busey	45	6:18	6:26	:08
6.	Sam Peluso	26	5:10	5:20	:10
7.	Kevin Allen	7	9:35	9:21	:14
8.	Mike Allen	10	9:07	8:49	:18
9.	Troy Bird	7	10:00	10:19	:19
10.	Kevin Stonestreet	11	6:37	7:20	:43

Three Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>
1.	Dwight Gillespie	32	17:25	1st Over 30
2.	Robert Ohmie	21	18:34	1st Under 30
3.	John Burdan	48	19:52	1st Over 40
4.	Cecil Smith	22	20:00	2nd Under 30
5.	Jim Presley	25	21:00	3rd Under 30
6.	Colin Busey	9	22:13	1st Under 20
7.	Andy Burdan	13	22:24	2nd Under 20
8.	Gavin Busey	11	22:30	3rd Under 20
9.	Jim Berlin	34	23:32	2nd Over 30

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>
1.	Brent Wooten	26	46:38	1st Under 30
2.	Pat Blanchard	26	50:38	2nd Under 30
2.	Brad Anderson	25	50:38	2nd Under 30
4.	Wayne Yonce	43	52:09	1st Over 40
5.	Joe Alvarez	24	56:55	3rd Under 30
6.	Tammie Gilpin	18	1:10:00	1st Women
7.	Howard Mickel	51	1:02:43	1st Over 50
8.	Floyd Bird	27	1:03:42	

AREA LONG DISTANCE RACE SCHEDULE

5-29	USTFF Marathon & Masters Races	Wichita - 7 am
5-31	Meet of Miles	Shawnee Mission West HS - 2 am
6-05	1 Mi. Predict, 3 Mi. & 8 Mi.	Wichita West HS - 8 am
6-09	All Comers Track Meet	Kansas City, MO - 6 pm
6-12	Hospital Hill 13, 7.7 & 1 Mile	Kansas City, MO - 8 am
6-12	7th Annual 5 Mile Riverside Run	Tulsa - 7 am
6-13	2 Man - 10 Mile Relay	Prarie Village, KS - 6:30
6-13	Mid-America Masters Regional Meet	St. Marys, KS - Noon
6-19	1 Mile & 880 Yard Races	Stillwater - 8 am
6-20	5.1 Open & 3.4 15 & Under/Masters	Shawnee Mission Park - 7 pm
6-20	Masters Track Meet	Lincoln, NB
6-24	Women's Track Meet	Center J.H.S. K.C., MO - 6 pm
6-26	8 Mile Draper Lake Run	Oklahoma City, OK - 9 am
6-26	Fun Run	Shawnee Mission Park, KS - 4:30 pm
6-26	1.77 - 17.76 Mile Run	Johnson County, KS - 7 am
7-03	7th Annual 8 Mile Zoo Run & 2 Mile	Tulsa Mohawk Park - 7 am
7-04	Bicentennial Races	Wichita
7-04	Freedom Run - 4 Miles	Stillwater - 6 pm
7-04	5000 Meter Run	Shawnee Mission East HS - 7 pm

Race Contacts -

Wichita	Ray Graham, 10150 S. Hillside, Wichita, KS 67233 316-788-3872
Shawnee Mission	Carl Owczarzak, 6823 W. 77th Terrace, Overland Park, KS 66204 913-341-6864
Tulsa	Vern Whiteside, 6916 S. Knoxville Ave., Tulsa, OK 74136 918-492-7922
Stillwater	Dr. Billy Crynes, 920 N. Cantwell, Stillwater, OK 74074 405-377-3573
St. Marys	Betty Pappas, Box 97, St. Marys, KS 66536 913-437-2916
Oklahoma City	Dr. Dan Metcalf, 400 NW 30th, Oklahoma City, OK 73118 405-524-5958
Kansas City	Russ Niemi, 8229 Eby, Overland Park, KS 66204 913-649-4854
Lincoln	Larry Fuerst, 821 Hazelwood, Lincoln, NB 68501
Johnson County	Ken Atwell, 9654 W. 86th Street, Overland Park, KS 66212 913-341-6691