

## The Wichita Running Club

Volume 3, Number 3

March 1978

## WRC NOTES

The Running Club would like to welcome the following new members:

| Kevan Acord        | 19 | Shawnee    | Allan McCobb     |    | Russell   |
|--------------------|----|------------|------------------|----|-----------|
| Steven Baldridge   | 19 | Hutchinson | Timothy Ohlmann  |    | Lindsborg |
| Michael Boyle      | 30 | Derby      | Gene Ross Family |    | Wichita   |
| Clark Ensz         | 30 | Wichita    | Roselyn Schmidt  |    | Wichita   |
| Kristen Hauschild  |    | Pratt      | David Schmidt    | 18 | Wichita   |
| Walter Vleingagger | 55 | Hillshorn  |                  |    |           |

This month a membership roster will be included in all Newsletters sent to members. This has a two fold purpose, first to let everyone know who is a member of the Wichita Running Club and second to inform members who else in their neighborhood runs. We encourage members to use the roster to form Fun Run groups in their neighborhoods which will hopefully promote running.

If anyone would like a race schedule for the RRCA Central Region please send a self-addressed stamped legal-sized envelop to Steve Ryan. The Central Region includes the states of North & South Dakota, Montana, Colorado, Wyoming, New Mexico, Nebraska, and Kansas plus the schedule also includes races in Oklahoma. If you would like schedules for the other regions send the same to:

| West  | Herb Parsons, 170 Rosario Beach Road, Anacortes, WA 98221 |
|-------|---|
| South | Hal Canfield, 502 Alandale Road, Knoxville, TN 37920      |
| North | Bob Martin, 5834 Stony Island Ave., Chicago, IL 60637     |
| East  | Ray Gordon, Route 2, Box 835, Front Royal, VA 22630       |

Don't forget that the May race has been changed to the 13th. If you show up the 6th looking for a race all you will find is a lot of hot air . . . balloons.

### MARCH RACE RESULTS

Saturday, March 18 - David Swanson won the First Annual WRC 10 Kilo Handicap Race held in Sims Park. Tim Rives and Jim Hershberger set records while winning their divisions in the Two Mile Race. Compared to the last three race days the weather was perfect for running.

Two Mile Results -

|    | Name      | Age | Time   | <u>Place</u> | Hometown   |
|----|-----------|-----|--------|--------------|------------|
| 1. | Tim Rives | 18  | 10:10* | 1st Open     | Wichita    |
| 2. | Vic Doll  | 26  | 10:57  | 2nd Open     | Hutchinson |

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|------|-------------------|----|--------|------------|------------|
| 3.   | Jim Hershberger   | 41 | 11:01* | 1st 40+    | Wichita    |
| 4.   | Steve Baldridge   | 19 | 11:15  | 3rd Open   | Hutchinson |
| 5.   | Clark Ensz        | 30 | 11:31  | 1st 30+    | Wichita    |
| 6.   | Dave Pierce       | 23 | 12:08  |            | Lakin      |
| 7.   | Gary Brown        | 23 | 12:18  |            | Wichita    |
| 8.   | Steve Jones       | 26 | 12:42  |            | Wichita    |
| 9.   | Richard Randolph  | 26 | 12:42  |            | Lakin      |
| 10.  | Bob Lida          | 41 | 12:47  | 2nd 40+    | Wichita    |
| 11.  | Chesley Adams     | 24 | 13:33  |            | Wichita    |
| 12.  | Michael Strong    | 27 | 13:35  |            | Wichita    |
| 13.  | Ronald Ewy        | 28 | 13:37  |            | Syracuse   |
| 14.  | Terri Torres      | 25 | 14:13  | 1st Women  | Hutchinson |
| 15.  | Kevin Stonestreet | 13 | 14:33  | 1st H. S.  | Wichita    |
| 16.  | Carol Ewy         | 26 | 16:54  | 2nd Women  | Syracuse   |
| 17.  | Roselyn Schmidt   | 43 | 22:07  | 3rd Women  | Wichita    |

## 10 Kilo Handicap Results -

|     | Name             | Age | Time    | Actual Time | Hometown       |
|-----|------------------|-----|---------|-------------|----------------|
| 1.  | David Swanson    | 18  | 52:55   | 35:45       | Wichita        |
| 2.  | Denise Farha     | 27  | 54:53   | 54:53       | Wichita        |
| 3.  | Lynn Woodward    | 33  | 55:12   | 42:51       | Wichita        |
| 4.  | Kelley Frazier   | 13  | 55:51   | 45:38       | So. Hutchinson |
| 5.  | Walt Kleinsasser | 55  | 56:07   | 45:16       | Hillsboro      |
| 6.  | Ralph Allen      | 46  | 56:09   | 45:46       | Wichita        |
| 7.  | Don Ratzlaff     | 21  | 56:10   | 39:04       | Hillsboro      |
| 8.  | Steve Ryan       | 37  | 56:16   | 38:05       | Wichita        |
| 9.  | Dale Frazier     | 31  | 56:22   | 35:11       | So. Hutchinson |
| 10. | Dave Landrum     | 32  | 56:46   | 40:01       | Wichita        |
| 11. | J. Means         | 20  | 56:49   | 33:12       | Wichita        |
| 12. | Todd Russell     | 34  | 56:54   | 39:04       | Wichita        |
| 13. | Ivan Torres      | 30  | 56:56   | 35:54       | Hutchinson     |
| 14. | Robert Fowler    | 40  | 56:58   | 39:14       | Wichita        |
| 15. | David Hauschild  | 33  | 57:46   | 43:20       | Pratt          |
| 16. | Dale Goering     | 47  | 57:47   | 37:08       | Wichita        |
| 17. | Gerald Witten    | 48  | 57:48   | 40:49       | Wichita        |
| 18. | Linda Quinlisk   | 25  | 57:50   | 40:58       | Wichita        |
| 19. | Jack White       | 44  | 57:56   | 45:48       | Wichita        |
| 20. | Brent Wooten     | 28  | 58:05   | 35:07       | Wichita        |
| 21. | Paul Shimon      | 31  | 58:16   | 35:29       | Winfield       |
| 22. | Tim Aiken        | 20  | 58:22   | 34:11       | Wichita        |
| 23. | Carl Nicholson   | 31  | 58:42   | 34:56       | Wichita        |
| 24. | Steve Luper      | 22  | 58:42   | 39:30       | Wichita        |
| 25. | Bob Rives        | 44  | 58:44   | 52:19       | Wichita        |
| 26. | Kevan Acord      | 19  | 58:49   | 34:04       | Shawnee        |
| 27. | John Clark       | 33  | 58:56   | 41:57       | Wichita        |
| 28. | Steve Lester     | 39  | 59:31   | 50:02       | Wichita        |
| 29. | Dave Robl        | 29  | 59:51   | 37:35       | Wichita        |
| 30. | Leon Mattocks    | 35  | 1:00:13 | 38:48       | Wichita        |
| 31. | Brent Coffman    | 22  | 1:00:43 | 36:13       | Wichita        |
| 32. | Pat Blanchard    | 28  | 1:01:02 | 39:26       | Wichita        |
| 33. | Kent Sizer       | 23  | 1:01:23 | 36:38       | Wichita        |
| 34. | Jeff Usher       | 23  | 1:01:44 | 36:59       | Salina         |
| 35. | Gayla Hefley     | 38  | 1:01:46 | 1:01:32     | Wichita        |
|     |                  |     |         |             |                |

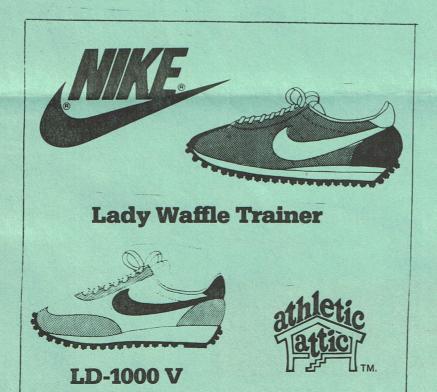
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|--|----------------------|--|----------------------------------|--|
| 36. Jeff Read  | 21                   | 1:01:51                                  | 42:39                            | Wichita                                  |
| 37. Mark Ingram 38. Rod Busey 39. Kent Naugle 40. Mike Boyle | 19<br>47<br>37<br>30 | 1:03:19<br>1:04:04<br>1:15:24<br>1:18:41 | 50:06<br>54:00<br>50:39<br>53:56 | Wichita<br>Wichita<br>Wichita<br>Wichita |

<sup>\*</sup> New Division Record

The Running Club would like to express their thanks to Kent and Linda Boaldin and the Athletic Attic for sponsoring the First Annual 10 Kilo Handicap. They provided the trophies and prizes for the participants drawing. Ralph Allen won a pair of #1 rated Brooks Vantage and Roselyn Schmidt won a pair of Dolphin Shorts. Several other racers also won prizes. Again many thanks to Kent.

## AREA LONG DISTANCE RACE EVENTS

| Date | Time | Event                        | Location                       | Contact |
|------|------|------------------------------|--------------------------------|---------|
| 4/08 | 1000 | Mud Flat Run - 5 M           | Pratt, KS                      | 1       |
| 4/08 | 1000 | 6M Johnstone Park Race       | Bartlesville, OK               | 2       |
| 4/08 | 1200 | PTC 10 M Road Race           | Pershing Monument, Omaha, NB   | 3       |
| 4/09 | 1400 | Wheat Capitol Classic        | Phillips Univ., Enid OK        | 2       |
| 4/15 | 0800 | Five M & One M Races         | Watson Park, Wichita, KS       | 4       |
| 4/15 | 0900 | 8 M Draper Lake Race         | Oklahoma City, OK              | 5       |
| 4/16 | 1400 | 3 & 1 M Races & 1 M Predict  | Winnetonka HS, Kansas City, MO | 6       |
| 4/22 | 0700 | Kansas Relays Marathon       | KU Stadium, Lawrence, KS       | 7       |
| 4/29 | 0900 | 15 KM & 2 M Races            | Mohawk Park, Tulsa, OK         | 2       |
| 4/29 | 1000 | SE Kansas One Hour Run       | Pittsburg, KS                  |         |
| 4/29 | 1000 | MAMT&FA 10 Km Road Race      | Shawnee Mission Pk, Lenexa, KS | 9       |
| 4/30 | 1400 | 4 M & 2 M Runs & 2 M Predict | UMKC Track, Kansas City MO     | 6       |
| 5/27 | 0730 | USTFF Marathon               | WSU, Wichita, KS               | 10      |



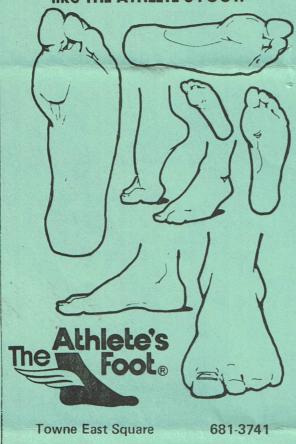
#### Contacts -

- 1 Terry DeWeese, Municipal Bldg., Pratt, KS 67124
- 2 Larry Aduddell, 6200 S 221st East East Ave, Broken Arrow, OK 74012
- 3 Dick McMahon, 4561 Charles, Omaha, NB 68132
- 4 Brent Wooten, 3054 S. Custer, Wichita, KS 67217
- 5 Dr. Dan Metcalf, 400 NW 39th St., Oklahoma City, OK 73118
- 6 Bill Taft, 5605 E. 63rd Trfy., Kansas City, MO 64130
- 7 Dr. Ed Elbel, Allen Fieldhouse, Lawrence, KS 66645
- 8 Elwyn Davis, 605 Oakcrest, Pittsburg, KS 66762
- 9 Russ Niemi, 8229 Eby, Overland Park, KS 65204
- 10 Herm Wilson, Campus PO Box 18, WSU, Wichita, KS 67208

# Have a fit of the ATHLETE'S FOOT

We mean at The Athlete's Foot Store. Where you'll find more than 200 styles of athletic and leisure shoes. From children's size 10 through adult size 17.

"No one knows the athlete's foot like THE ATHLETE'S FOOT."



APRIL RACE

Event Five Mile & One Mile Races

Date/Time April 15, 1978, 8:00 am

Course Asphalt surface surrounding

Watson Park

Divisions Open, 30+, 40+, 50+, & Women

Awards The Athlete's Foot will give

each entrant a T-shirt.
The Winner in each division will be presented a \$10 Gift Certif-

icate by the Athlete's Foot.

Register Watson Park Parking Lot immed-

iately on right as you enter the park. Entrance is on S. Lawrence

Dr. off of 31st St. South.
All runners are to be registered

prior to 8:00.

Sanction Road Runners Club of America

Race Dir. Brent Wooten, 3054 S. Custer, Wichita, KS 67207

316-942-4560

Stevan E. Ryan 9804 W. 12th Wichita, KS 67212





Leon Mattocks 1332 S. Bleckley Wichita, KS 67218