



The Wichita Running Club

Volume 3, Number 8

July 1978

WRC NOTES

The Running Club is having its Annual Family Picnic in Watson Park, Saturday Evening, August 26. In addition to the facilities at the park there will be games for the children. Also we will have volleyball for the adults. We will begin assembling at 5:30 pm and dinner will be at 6:00 pm. We are asking each member to bring a covered dish to share with everyone. The Club will provide drinks and all eating utensils.

There will be short business meeting prior to the picnic. The main order of business will be nomination of officers for next year. Ballots will be collected at the September race. If anyone is interested in helping with running the Club or would like to run for an office please contact Brent(942-4560) or Steve(722-1989). We especially need help with publicity and membership.

The Running Club would like to welcome the following new members:

Lee & Tim Betts		Hesston, KS 67062
Charles Colbert	3608 E 16th	Wichita, KS 67208
Loren Ginther	2719 Ash	Hays, KS 67601
Roger King	419 S. Crestway	Wichita, KS 67218
Dan Thorning	2531 Banbury	Wichita, KS 67226
Terry Ziegler	1016 N. Collidge	Wichita, KS 67203

WRC had two participants in the Garden City 10 Kilo Race June 10:

Ron Richardson	2nd	39:55	Ron Ewy	3rd	47:00
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They also ran in the Garden of the Gods Ten Mile Race with 2100 runners.

Ron Richardson	71	1:04	Ron Ewy	561	1:21:55
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Several members traveled to Kansas City to participate in the Hospital Hill Run held June 4. Their results were:

7.35 Mile Race			12.65 Mile Race		
Leon Mattocks	7(30+)/37	42:09	Dale Burge	17(30+)/63	1:17:45
Gerald Witten	10(40+)/120	47:22	Steve Ryan	51(30+)/192	1:26:20
Colin Busey	2(13-)/200	50:55	Rod Busey	25(40+)/323	1:32:54
933 Runners			739 Runners		

WRC JULY RACE II

Saturday, July 15 - The Running Club held its first relay race. Although most participants will agree that it was a tougher race than they expected, they all seemed to enjoy it.

Two Person-Ten Mile Relay Results -

	<u>Team</u>	<u>Time</u>	<u>Mile Averages</u>
1.	Steve Palmer/Don Ratslaff	56:30	5:33/5:45
2.	Clark Ensz/Terry Couch	57:45	5:41/5:52
3.	Roger Shurtz/Kent Love	57:57	4:53/6:42
4.	Kent Naugle/Todd Russell	58:05	5:41/5:56
5.	Gary Brown/Kirk Merwin	58:12	5:48/5:50
6.	Pat Flannigan/Gary Love	58:51	5:23/6:23
7.	Bob Ream/Walt Kleinsasser	59:35	5:19/6:41
8.	Tom Brott/Don Campbell	1:00:02	5:19/6:41
9.	Keith Miers/Gerald Witten	1:00:22	6:00/6:04
10.	Mark Ruggles/Emmett Allen	1:00:35	5:14/7:14 *
11.	Paul Balthazor/Rob Smith	1:00:45	5:40/6:29
12.	Kendall Smith/Steve Thomas	1:00:47	5:02/7:08
13.	Bob Lida/Ed Thomas	1:00:50	5:41/6:29
14.	Gary Gregory/Lee Betts	1:01:02	5:16/6:56
15.	Pat Blanchard/Rod Busey	1:01:13	5:12/7:03
16.	Steve Delano/Linda Shaw	1:01:15	4:49/7:26
17.	Paul Shimon/Gerald Graham	1:02:13	5:08/7:18
18.	Peter Howell/Ken Blankenship	1:02:23	6:11/6:17
19.	Leon Mattocks/Jan Beckham	1:02:42	5:52/6:40
20.	Brent Wooten/Susan Nicholson	1:02:45	5:05/7:28
21.	Philip Ingle/Steve Couch	1:03:13	6:17/6:22
22.	Robert Dean/Theresa Jilka	1:03:16	5:55/6:44
23.	Keith Dome/Tim Betts	1:03:19	5:25/8:03
24.	Tim Rives/Lee Howell	1:03:24	5:04/7:37
25.	Robert Davenport/Steve Lester	1:03:47	6:12/6:33
26.	Joe Orozco/Darrell Patterson	1:05:17	5:39/7:24
27.	Ken McCaffee/Allen Dudek	1:05:52	5:52/7:18
28.	Steve Ryan/Lynn Woodward	1:06:09	6:02/7:12
29.	Troy Moore/Mark Ingram	1:07:45	5:30/8:03
30.	Carl Nicholson/William Krasuski	1:10:13	4:52/9:10
31.	Brent Coffman/Richard Farris	1:13:20	5:10/9:30

Carl Nicholson ran the fastest single mile in 4:43. Steve Delano has the best average for five miles with 4:49. The Relay will not count in the Performance and Participation Awards.

* Emmett Allen only ran three laps for one mile.

AREA DISTANCE RACES

8/06	0600	Omaha Marathon	Omaha, NB	1
8/12	1900	Lake Scott 10 Kilo Race	Scott City, KS	2
8/13	0800	10 Kilo & 1 M Races	El Dorado Recreation Dept.	3
8/19	0800	10 Kilo & 2 M Races	West H. S., Wichita, KS	4
8/19	0900	6 Mile Race	State Fairgrounds, Oklahoma City, OK	5
8/26	0800	4 M & 2 M Races	Carey Park, Hutchinson, KS	6

Contacts -

1	Sarah Carlos, 1620 Dodge, Omaha, NB 68134
2	Rick Cotton, 802 Myrtle, Scott City, KS 67871
3	El Dorado Recreation Dept, 128 N. Vine, El Dorado, KS 67042 (321-9100 X45)
4	Brent Wooten, 3054 S. Custer, Wichita, KS 67217
5	Dr. Dan Metcalf, 2240 NW 114th, Oklahoma City, OK 73120
6	Ivan Torres, 704 Pierce, Hutchinson, KS 67501

WRC AUGUST RACE

Event Ten Kilo & Two Mile Races

Sponsor Athletic Attic will T-Shirts to all participants.

Date & Time Saturday, August 19, 8:00 am

Location Races will be run on the bike paths along the Arkansas River.

<u>Awards</u>	<u>One Mile</u>	<u>Ten Kilo</u>
17 & Under	One Trophy	Two Trophies
Open	One Trophy	Three Trophies
30+	One Trophy	Three Trophies
40+	One Trophy	Three Trophies
50+	One Trophy	Two Trophies
Women Open	One Trophy	Three Trophies
Women 30+	One Trophy	Three Trophies

Entry Fee WRC Members - \$2. Non-Members \$3.

Registration Parking Lot, Wichita West High School, 820 S. Osage


Sanction Road Runner Clubs of America

Race Director Brent Wooten
 3054 S. Custer
 Wichita, KS 67217
 Home 942-4560
 Bus. 268-4480


WRC AWARDS STANDINGS

Performance Award - Number of competitors beaten

Carl Nicholson	361
Tim Rives	356
Brent Wooten	324
Brent Coffman	311
Paul Shimon	284
Leon Mattocks	271
Steve Ryan	258





THE RUNNER'S STORE



OPEN
 Mon.-Sat. 10-9
 Sun. 12-6

“The Mall”
3975 E. Harry 686-0077

Participation Award - Number of events participated in.

Brent Coffman	7
Tim Rives	7
Leon Mattocks	7
Carl Nicholson	7
Steve Ryan	7
Steve Lester	7
Denise Farah	7

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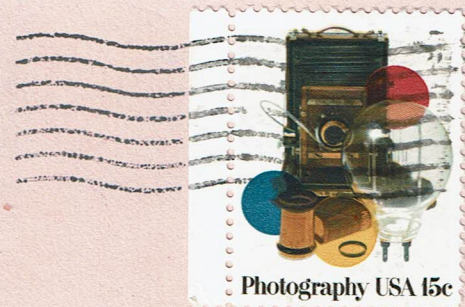
\$32.95

TOWNE EAST SQUARE
Kellogg & Rock Road
681 - 3741
Open 10 - 9 : Sun 1 - 6

PLAN
TO
ATTEND
THE
FAMILY
PICNIC

SATURDAY
EVENING
AUGUST
26
5:30

SOUTHWEST
CORNER
WATSON
PARK



Wichita Running Club
c/o Stevan Ryan
9804 W 12th
Wichita, KS 67212

Leon Mattocks
1332 S. Bleckley
Wichita, KS 67218