

WICHITA RUNNING CLUB NEWSLETTER

Volume 2, Number 6

July 1977

WRC MEMBERSHIP

The Wichita Running Club would like to welcome the following new members.

David George
Philip Ingle
Stephen Renner

Steven Sell
Brian Sims
Kendall Smith

David White
Tom Wilmore

The club now has ninety-four members.

WRC FAMILY PICNIC

The WRC Family Picnic will be held Sunday afternoon, August 21 beginning at 5:00 pm. Again this year the picnic will be held at Gayla and Gary Hefley's home, 367 N. Brunswick. All WRC members and their families are invited to attend. Everyone is asked to bring a covered dish which may be enjoyed by all and dinner service for themselves. We will be eating outside again so please bring along some lawn chairs or a blanket.

The feature of the picnic will be the film "The Marathon", which covers the 1976 US Olympic Trials. This is supposed to be a super flick. Also we will have a short business meeting. Everyone is encouraged to remember August 21st and plan to attend. If you have any questions please call Steve Ryan 722-1989 or Gayla Hefley 722-7065.

Those coming out on Central should turn south(left) on Ridge Road. There is a Phillips 66 Service Station on the corner and Central Heights Shopping Center behind it. After you turn south on Ridge, turn west (right) on Brunswick which is the first street you will come to. Hefley's house is the fifth house on the right.

CLUB COMPETITION

The standings for the Performance Awards(Most competitors defeated) and Participation Awards(Most races completed) are shown below. The stand ings reflect seven races.

PERFORMANCE

Brent Wooten	216
Carl Nicholson	214
Leon Mattocks	189
Dale Frazier	175
Dale Goering	168
Brad Anderson	145

PARTICIPATION

Leon Mattocks	7
Carl Nicholson	6
Pat Blanchard	6
Brent Wooten	6
Dale Frazier	6
Joe Alvarez	6

STEVE RENNER CAPTURES WRC 5000 METER WIN

Saturday Morning, June 18 - Steve Renner outran a fast crowd to win the 5000 meter on the Cessna Stadium Track. The weather was favorable with a turnout of forty-one competitors.

5000 Meter Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1. Steve Renner	21	15:29	1st Open	Derby
2. Brent Coffman	21	15:40	2nd Open	Wichita
3. Carl Nicholson	30	15:42	1st 30+	"
4. Bill Myers	21	15:55	3rd Open	Hays
5. Ted Crank	21	16:01		Hutchison
6. Brent Wooten	27	16:07		Wichita
7. David Ransom	19	16:12		Leavenworth
8. David White	20	16:36		Wichita
9. Dave Robl	29	16:42		"
10. Pat Blanchard	27	16:49		"
11. Steve Sell	28	17:11		"
12. Chris Stewart	17	17:21	1st 18-	Haysville
13. Bill Allen	26	17:23		Wichita
14. David George	20	17:38		"
15. Dale Frazier	30	17:39	2nd 30+	Hutchison
16. Charles Doze	42	17:58	1st 40+	Wichita
17. Jeff Read	20	18:02		"
18. Kirk Merwin	17	18:04	2nd 18-	Rosalia
19. Leon Mattocks	34	18:31	3rd 30+	Wichita
20. Gary Brown	22	18:47		"
21. Wayne Yonce	45	18:49	2nd 40+	"
22. Ken Schroeder	29	18:50		"
23. Wayne Kleiwer	22	19:09		El Dorado
24. Larry Towne	33	19:10		Augusta
25. Jan Brusso	28	19:50		Wichita
26. Carlos Delgado	22	20:02		"
27. Mark Isom	16	20:06	3rd 18-	El Dorado
28. Joe Kearney	28	20:10		Wichita
29. Joe Alvarez	26	20:10		"
30. Ron Sluder	20	20:10		"
31. Brian Sims	14	20:30		Hutchison
32. Jack White	44	20:43	3rd 40+	Wichita
33. Dan Roberts	23	20:48		"
34. Kelly Frazier	12	20:58		Hutchison
35. John King	24	21:04		Wichita
36. Mark Ingram	18	21:08		"
37. Tammie Gilpin	19	21:20	1st Women	"
38. Theresa Jilka	19	22:58	2nd Women	Assaria
39. John Williams	21	23:32		Wichita
40. Irvin Bashore	71	26:20		Kimball, NB
41. Gayla Hefley	37	29:09	3rd Women	Wichita

1500 Meter Predict Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Dif</u>	<u>Home</u>
1.	Ricky Trimmell	15	5:04	:06	Wichita
2.	David Rice	18	6:36	:36	"
3.	Larry Towne	7	7:38	:52	Augusta
	Bill Bidwell	40	6:08	:52	El Dorado

JAMES POLAND WINS WRC TWILIGHT TEN MILE

Monday Evening, July 4 - James Poland overcame the 85 degree temperature and a strong SE wind to break the 10 Mile record. Carl Nicholson, Charles Doze and Chris Stewart also cracked their age division records, while Linda Quinlisk captured first in the Women's Division. The hot and windy conditions caused several participants to drop out along the way. 47 started and 43 finished. Robert Beatie and Mark Poteete tied in the One Mile Predict race.

Ten Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1.	James Poland	21	53:21	1st Open	Greensburg
2.	Steve Renner	21	54:48	2nd Open	Derby
3.	Brent Coffman	21	55:48	3rd Open	Wichita
4.	Fred Torneden	20	56:32		Hays
5.	Carl Nicholson	30	57:45	1st 30+	Wichita
6.	Kendall Smith	20	59:52		"
7.	Chris Stewart	17	1:01:07	1st 18+	Haysville
8.	Brent Wooten	27	1:01:22		Wichita
9.	Charles Doze	42	1:02:06	1st 40+	"
10.	Leon Mattocks	34	1:03:17	2nd 30+	"
11.	Dale Goering	46	1:03:29	2nd 40+	"
12.	Dale Frazier	30	1:04:23	3rd 30+	Hutchison
13.	James Means	20	1:04:41		Arkansas City
14.	Donny Stockton	18	1:05:54	2nd 18-	"
15.	Dennis REagan	15	1:06:58	3rd 18-	Wichita
	Marty Windslow	16	1:06:58	3rd 18-	"
17.	Pat Blanchard	27	1:07:47		"
18.	Allen Renner	20	1:07:48		Derby
19.	Craig Rindt	28	1:10:49		Wichita
20.	Tim Pierce	21	1:10:55		"
21.	Jeff Taylor	17	1:12:30		"
	Tim Rives	18	1:12:30		"
23.	Ken Schroeder	29	1:12:39		"
24.	David George	20	1:12:44		Wichita
25.	Gerald Witten	48	1:13:08	3rd 40+	"
26.	Kirk Merwon	17	1:13:18		Rosalia
27.	Bill Allen	26	1:13:49		Wichita
28.	Tom Poteete	19	1:14:02		Derby
29.	Chesley Adams	24	1:14:14		Wichita
30.	Linda Quinlisk	24	1:14:17	1st Women	"

31.	Joe Alvarez	26	1:15:11		Wichita
32.	Rod Busey	46	1:17:45		"
33.	Mark Isom	16	1:17:46		El Dorado
34.	Troy Miller	17	1:17:47		Arkansas City
35.	Paul Balthazor	18	1:18:34		Wichita
36.	David Frazier	17	1:20:18		Hutchison
37.	Wayne Kliewer	22	1:22:24		El Dorado
38.	Steve Rangel	30	1:23:04		Wichita
39.	Tammie Stamps	16	1:26:15	2nd Women	Sedgwick
40.	Brian Sims	14	1:29:34		Hutchison
41.	James Jacot	21	1:31:58		Wichita
42.	Philip Braverman	23	1:34:24		"
43.	Bill Bidwell	40	1:35:16		El Dorado
	Bob Christensen		DNF		
	Kelly Frazier		DNF		
	Raymond Poteete		DNF		
	Mark Isbill		DNF		

One Mile Predict Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Dif</u>	<u>Home</u>
1.	Robert Beattie	21	5:56	:04	Wichita
.	Mark Poteete	15	7:06	:04	Derby
3.	Kendall Niquette	16	5:15	:05	Wichita
4.	Ricky Trimmel	15	5:22	:09	"
5.	Shelley Balthazor	11	6:52	:22	"
6.	Philip Ingle	17	6:09	:26	"
7.	Drisilla Enochs	21	11:46	4:16	"

WRC MEMBERS PARTICIPATE IN USTFF MARATHON

Sixteen WRC members participated in the USTFF Marathon held May 28. Their performances follow.

<u>Place</u>	<u>Member</u>	<u>Time</u>	
12	Carl Nicholson	2:49:25	
17	Brad Anderson	2:54:24	
18	Steve Luper	2:55:41	
23	Wayne Yonce	2:58:18	
34	Steve Ryan	3:09:26	
38	Todd Russell	3:11:15	
40	Tammie Gilpin	3:14:49	USTFF Record
42	Arne Richards	3:18:22	
45	Dale Frazier	3:20:01	
48	Jan Brusso	3:22:27	
52	Chris Stewart	3:28:16	
53	Doyle Perry	3:28:37	
87	Joe Alvariz	4:04:37	
95	Bill Bidwell	4:34:19	
100	Rod Busey	5:04:12	
101	Phil Ingle	5:18:04	

WRC AUGUST RACE

Date and Time: Saturday Morning, August 20, 1977, 8:00 am

Events: 10,000 Meter and 2 Mile

Course: Bike Path along Arkansas River and around Watson Park

<u>Divisions & Awards:</u>	<u>Divisions</u>	<u>10,000</u>	<u>2 Mile</u>
	18-	3 Trophies	3 Awards
	Open	3 Trophies	3 Awards
	30+	3 Trophies	3 Awards
	40+	3 Trophies	3 Awards
	Women	3 Trophies	3 Awards

Sanction: Road Runners Club of America

Entry Fee: Members \$2.00. Non-Members \$3.00.

Registration: Wichita West High School near Tennis Courts. All runners must be registered by 7:45 am.

Race Director: Brent Wooten, 3054 S. Custer, Wichita, KS 67217
Home 316-942-4560

WRC 1977 UPCOMING RACES

September 10	Fifteen Kilo and Three Kilo Predict	Sim Park	8:00
October 15	Cross Country	Echo Hills	8:00
November 19	Ten Mile and Two Mile Turkey Trot	Sim Park	10:00
December 10	Ten Kilo and 1500 Meter Predict	Sim Park	10:00
December 24 - 31	National Running Week		