

WICHITA RUNNING CLUB

NEWSLETTER

Volume 1, Number 5

July 1976

BICENTENNIAL RACE

Sunday, July 4 1976 - The Wichita Running Club Bicentennial 10 Mile Race was an outstanding success. Forty-three runners entered the race and forty-one finished. The weather cooperated with the participants by cooling to a very pleasant temperature at race time. The oldest participant Raymond Poteete(46) and Colin Busey(10) was the youngest. WRC would like to thank Gretchen Ryan, Mary Jane Wooten, Susan Peters and Herm Wilson for helping with the timing and officiating the race. The results were:

<u>Place</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>	<u>WRC</u>
1. Brent Coffman	20	55:00	1st Open	Wichita	X
2. Brent Wooten	26	56:57	2nd Open	Wichita	X
3. Tim Aiken	19	58:12	3rd Open	Wichita	
4. Brad Anderson	25	59:30		Newton	X
5. Leon Mattocks	33	1:00:37	1st 30+	Wichita	X
6. Carl Nicholson	29	1:01:38		Wichita	X
7. Dennis Peterson	26	1:02:02		Wichita	
8. Dwight Gillespie	33	1:02:38	2nd 30+	Wichita	X
9. Charles Doze	41	1:02:50	1st 40+	Wichita	X
10. Pat Blanchard	26	1:03:09		Wichita	X
11. Ken Renner	22	1:03:21		Derby	
12. Mark Ruggles	15	1:03:57	1st H.S.	Wichita	
13. Mark Williamson	17	1:04:19	2nd H.S.	Wichita	
14. Mike Isbill	16	1:05:34	3rd H.S.	Towanda	
15. Dave Robe	28	1:05:35		Wichita	
16. Craig Rindt	27	1:07:33		Wichita	
17. Jeff Powell	25	1:08:07		Wichita	
18. Tom Poteete	18	1:08:45		Derby	X
19. Paul Rangel	29	1:09:49		Wichita	
20. Steve Ryan	35	1:09:56	3rd 30+	Wichita	X
21. Tammie Gilpin	18	1:09:57	1st Women	Wichita	X
22. Keith Miers	38	1:10:37		Wichita	X
23. Joe Alvarez	25	1:11:58		Wichita	X
24. Wayne Yonce	44	1:12:19	2nd 40+	Wichita	X
25. Chesley Adams	23	1:13:20		Wichita	
26. Steve Poteete	24	1:15:30		Wichita	
27. Tony Poteete	16	1:15:33		Derby	X
28. Chris Hefley	14	1:16:48		Wichita	X
29. Mark Isom	15	1:18:03		El Dorado	X
30. David Poteete	23	1:18:51		Wichita	
31. Robert Rice	26	1:19:18		Wichita	X
32. Robert Legg	33	1:19:41		Wichita	

BICENTENNIAL RACE(Cont'd)

33.	Raymond Poteete	46	1:28:15	3rd 40+	Derby	X
34.	Tim Carr	17	1:29:28		Wichita	X
35.	Colin Busey	10	1:29:56		Wichita	X
35.	Rod Busey	45	1:29:56		Wichita	X
37.	Max Ellen	31	1:36:11		Wichita	
38.	Kenneth Schroeder	28	1:40:41		Wichita	
39.	Gayla Hefley	36	1:40:55	2nd Women	Wichita	X
39.	Gavin Busey	11	1:40:55		Wichita	X
41.	William Bidwell	39	1:42:40		El Dorado	X
42.	Mark Newland	22	DNF		Wichita	
43.	Bill Myers	18	DNF		El Dorado	

NEW MEMBERS

The Wichita Running Club would like to welcome the following new members:

Bill Bidwell (39)
Mark Isom (15)

Tom Poteete (18)
Tony Poteete (16)

Raymond Poteete(46)

WICHITA RUNNING CLUB'S AUGUST RACE DAY

<u>Date and time:</u>	Saturday, August 14, 1976, 8:00 a.m.
<u>Distance:</u>	Predict Mile and Six Mile
<u>Place:</u>	West High School - Predict Mile on track. Six mile race along Arkansas River thru Watson Park and back along the river.
<u>Divisions:</u>	Women, Open, 30-40, 40-50, 50 & Over
<u>Awards:</u>	Trophies to first three finishers and trophy to first woman. Medals to all other participants.
<u>Entry Fee:</u>	For each event, \$2.00 for WRC members and \$3.00 for non-members.
<u>Official:</u>	Race Director - Brent Wooten 268-4480

AREA LONG DISTANCE RACE SCHEDULE

July 25	8:00 am	7 Mile Run/Walk	LaCrosse, KS
July 26	7:00 pm	5.1 Mile Run	S.M. Park, Lenexa, KS
July 31	9:30 am	3 Mile Cross Country	Kansas City, KS
July 31	7:45 pm	10 Mile Lake Atwood Run	Atwood, KS
Aug. 1	7:00 am	Pike's Peak Marathon	Maniton Springs, CO
Aug. 7	7:00 am	10 Mile Handicap & 5 KM	Tulsa, OK
	9:30 am	3 Mile C/C	Kansas City, MO
Aug. 8	Noon	Track Meet (All Ages)	St. Mary's, KS
Aug. 14	8:00 am	1 Mile Predict & 6 Mile	Wichita
	7:00 am	1.76 Mile & 17.76 Mile Races	S.M. Park, Lenexa, KS
	7:00 pm	10 KM Race	Scott City, KS
Aug. 21	9:00 am	7 Mile Run	Oklahoma City, OK
Aug. 28	8:00 am	10 KM & 1500 M	Boomer Lake, OK
Sep. 4	7:00 am	15 KM & 5 KM	Tulsa, OK
Sep. 10	9:00 am	10 Mile Run	Bartlesville, OK
Sep. 11	8:00 am	1 Mile Predict, 3 Mile & 8 Mile	Wichita, KS
Sep. 18	9:00 am	10 Mile Lake Hefner Race	Oklahoma City, OK
Sep. 18	9:30 am	4 Mile C/C	Wyandotte Park, K.C., MO
Sep. 25	8:00 am	15 KM & Handicap 17 Mile	Stillwater, OK
Sep. 25	1:00 pm	4 Mile C/C	S.M. Park, Lenexa, KS
Sep. 26	2:00 pm	Distance Runs	UMKC, Kansas City, MO
Oct. 9	8:00 am	1 Mile Predict & 5 Mile Riverside	Wichita, KS
Nov. 20	10:00 am	1st Annual Turkey Trot	Wichita, KS
Dec. 11	10:00 am	1 Mile & 10 KM	Wichita, KS

Race Contacts -

Wichita	Ray Graham, 10150 S. Hillside, Wichita, KS 67233 316-788-3872
Shawnee Mission	Carl Owezarak, 6823 W. 77th Terrace, Overland Park, KS 66204 913-341-6864
Tulsa	Vern Whiteside, 6916 S. Knoxville Ave, Tulsa, OK 74136 918-492-7922
Stillwater	Dr. Billy Crynes, 920 N. Cantwell, Stillwater, OK 74074 405-377-3573
Oklahoma City	Dr. Dan Metcalf, 1417 N. Robinson, Oklahoma City, OK 73103 405-524-5958
St. Marys	Betty Pappas, Box 97, St. Marys, KS 66536
Kansas City	Russ Niemi, 8229 Eby, Overland Park, KS 66204 913-341-6691

WRC NOTES

We are not sure, but the Lake Shawnee 6 Mile Run should be held in Mid-August in Topeka. Joe Schrag is the person to contact, 4001 W. 26th, Topeka, KS 66614.

WRC members do well in competition elsewhere -

Hospital Hill Run - Kansas City

7.7 Mile

Debbie Strehle 2nd Women Under 20

Leon Mattocks 3rd Men 30-39

13 Mile

Tammie Gilpin 1st Women Under 20

2 Mile Race - Tulsa

Brent Wooten 1st Open

At the 2 Man - 10 Mile Relay (alternate miles) in Manhattan, Dale Goering and Arne Richards broke the 40-49 record with a 56:12.

Please let me know about your participation in other races so I can include it in the Newsletter.



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