



The Wichita Running Club

Volume 3, Number 2

February 1978

WRC NOTES

The date for the Wichitennial River Run has been changed to May 13. The date on WRC Race Schedule is May 6 so be sure to note the change on the schedule card.

Only 50% of the members have renewed their memberships so all members who haven't are asked to as soon as possible. This will be the last newsletter that will be sent to old members. Also everyone is encouraged to renew so the financial status of the club can be established which helps the officers plan club activities for the year.

The Club would like to welcome the following new members:

Ron Ewy	27	Syracuse	Gary Thoman	35	Wichita
Ron Richardson	18	Syracuse	Jeff Usher	23	Salina
M. N. Snitz		Kansas City, MO			

FEBRUARY RACES

Saturday, February 18 - Carl Nicholson, Wichita and Dennis Delmott, Emporia finished first in the Five and Fifteen Kilometre races, respectively. Other winners in the 5 Kilo race were: High School - Marty Winslow, Open - Pat Blanchard, 40+ - Dale Goering, 50+ - Walter Kleinsasser and Women - Theresa Jilka. Winners in the 15 Kilo race were: High School - Ron Richardson, 30+ - Paul Shimon, 40+ - Robert Fowler and Women - Tish Huser. Theresa Jilka and Marty Winslow set records for their divisions in the 5 Kilo Race while Dennis Delmott and Ron Richardson did the same in the 15 Kilo Race.

Five Kilo Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1. Carl Nicholson	30	17:18	1st 30+	Wichita
2. Ivan Torres	30	17:46	2nd 30+	Hutchison
3. Marty Winslow	16	17:47	1st H. S.	Wichita
4. John Seybold	30	17:48		Emporia
5. Dennis Regan	18	17:49		Wichita
6. Mike Praut	18	18:31		Wichita
7. Pat Blanchard	28	18:38	1st Open	Wichita
8. Don Ratzlaff	21	19:04	2nd Open	Hillsboro

9.	Dale Goering	47	19:12	1st 40+	Wichita
10.	Steve Couch	19	19:52		Haysville
11.	Terry Couch	17	20:00		Haysville
12.	Tom Cloyd	16	20:29		Haysville
	Ricky Trimmell	15	20:29		Wichita
14.	Theresa Jilka	20	21:16	1st Women	Wichita
15.	Tim Hiebert	20	21:17		Hillsboro
16.	Paul Balthazor	18	21:18		Wichita
17.	Chris Hefley	16	21:36		Wichita
18.	Dale Clark	16	21:49		Wichita
19.	Walter Kleinsasser	55	21:49	1st 50+	Hillsboro
20.	Philip Ingle	18	23:02		Wichita
21.	Blaine Vanderwall	16	23:06		Haysville
22.	Dale Brooks	55	23:57	2nd 50+	Newton
23.	Denise Farha	27	27:09	2nd Women	Wichita
24.	Shelley Balthazor	12	27:17		Wichita
25.	Carolyn Ewy	26	27:53		Syracuse
26.	Gayla Hefley	38	32:12		Wichita
27.	Lynn Woodward	33	32:15		Wichita
28.	Hugh Graham	15	34:26		Wichita
	Kelley Graham	10	34:26		Wichita

Fifteen Kilo Results -

1.	Dennis Delmott	29	49:24	1st Open	Emporia
2.	Brent Coffman	22	51:57	2nd Open	Wichita
3.	J. Means	20	52:02		Wichita
4.	Tim Rives	18	52:55		Wichita
5.	Paul Shimon	31	54:49	1st 30+	Winfield
6.	Ron Richardson	18	57:22	1st H.S.	Syracuse
7.	Tom Haves	18	58:01		Emporia
8.	Dale Frazier	31	59:21	2nd 30+	S Hutchison
9.	Leon Mattocks	36	1:00:14		Wichita
10.	Jeff Usher	23	1:00:27		Salina
11.	Robert J. Fowler	40	1:01:32	1st 40+	Wichita
12.	Steve Luper	22	1:01:33		Augusta
13.	Todd Russell	34	1:02:24		Wichita
14.	Steve Ryan	37	1:02:49		Wichita
15.	Gary Thoman	35	1:03:20		Wichita
16.	Kirk Merwin	18	1:06:39	2nd H.S.	Rosalia
17.	David Hauschile	33	1:07:32		Pratt
18.	Gerald Witten	48	1:09:29	2nd 40+	Emporia
19.	Gerald Graham	40	1:15:49		Wichita
20.	Kent Naugle	37	1:16:41		Wichita
21.	Ron Ewy	27	1:16:53		Syracuse
22.	Stephen Lester	39	1:17:44		Wichita
23.	Bob Rives	44	1:18:54		Wichita
24.	Tish Huser	16	1:20:12	1st Women	Syracuse
25.	Stephanie Raines	15	1:30:20	2nd Women	Syracuse

MARCH RACE

Event: 10 Kilometre Handicap and Two Mile Races
Date & Time: Saturday, March 18, 1978, 10:00 am
Awards: Athlete's Attic will present trophies to the first twelve finishers regardless of division. Medals will be presented to the first three finishers in each division in the Two Mile Race. Also there will be a drawing for a pair of Runner's World #1 Shoe - Brooks Vantage and other prizes.

Course: Start by Cowtown and run thru Sim and Riverside Park.
Registration: At race start location. All runners should be registered by 9:45.
Handicap Rules: All persons having completed a minimum of three races during 1977 & 1978 will have a handicap time computed for them. Those with the slowest handicap times will start first and faster times following in order. Handicap times will be posted prior to the race. Anyone not having a handicap time will be able to start with last handicapped person.

Sanction: Road Runners Club of America
Race Director: Brent Wooten, 3054 S. Custer, Wichita, KS 67217
 Home 316-942-4560. Business 316-268-4480

<u>Course Records:</u>	<u>Ten Kilo</u>	<u>Two Mile</u>
High School	36:07	11:18
Open	32:41	10:07
30+	33:54	10:32
40+	35:45	11:45
50+	45:51	12:48
Women	40:57	12:23

AREA EVENTS

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Contact</u>
3/11	0900	1/2 Mar. & 5 Kilo	OSU Intramural Fld, Stillwater	1
3/18	1000	10 Kilo Hand. & 2 Mi	Sims Park, Wichita	2
3/18	1000	10 Mile Lake Hefner	Oklahoma City	1
3/18	1400	Flint Hills 20 & 10 K	St. George, KS	3
3/25	0800	5 Kilo Race	Mohawk Park, Tulsa	1
3/25	0900	Oil Capital Marathon	Mohawk Park, Tulsa	1

Contacts

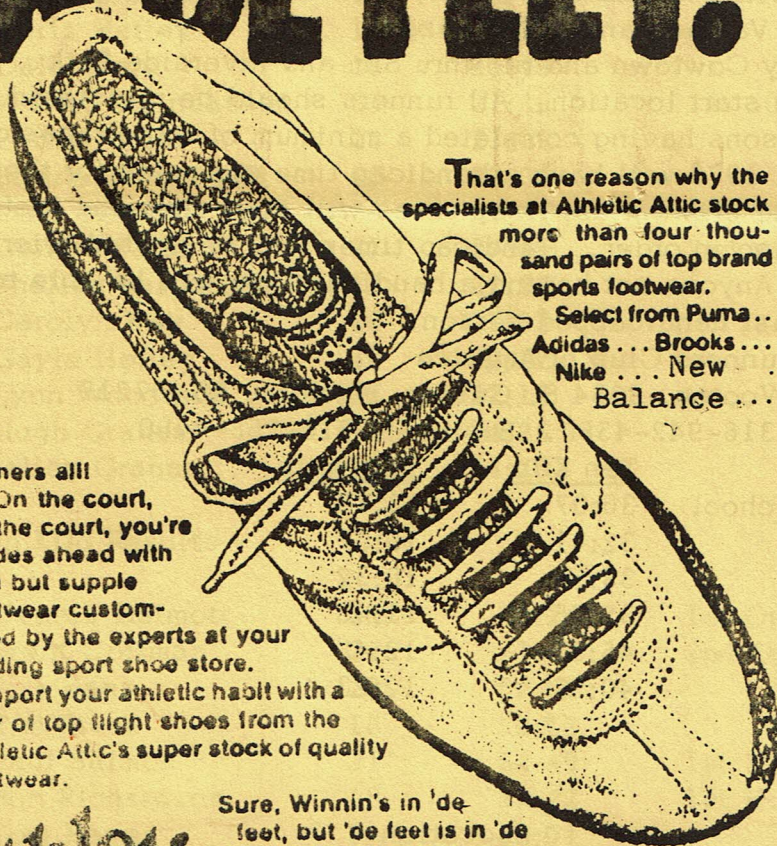
- 1 Vern Whiteside, 6916 S. Knoxville, Tulsa, OK 74136
- 2 Brent Wooten, 3054 S. Custer, Wichita, KS 67217
- 3 Arne Richards, 1223 N. 12th St., Manhattan, KS 66502

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