

WICHITA RUNNING CLUB NEWSLETTER

Volume 1, Number 1

February 1976

CLUB ORGANIZED

The Wichita Running Club held its second meeting Tuesday evening, February 18 at West High School. The first order of business was election of officers. John Burdan was elected the club's first president. His officers are listed in the following article. The club decided to seek affiliation with only one national organization that being Road Runners of America.

WRC OFFICERS

		Home	Business
President	John Burdan	686-4400	685-1151 X5103 or 6295
V.P./Race Director	Ray Graham	788-3872	267-8363
Assistant	Pat Blanchard	943-4589	268-7585
Secretary	Steve Ryan	722-1989	686-7101
Assistant	Brent Wooten	522-4581	268-4480
Treasurer	Leon Mattocks	686-6310	261-5376
Assistant	Wayne Yonce	722-5625	687-3004
Membership/Publicity	Cecil Smith	263-4154	685-9111 X5516

MEMBERSHIP

The club membership continues to grow and presently stands at forty-two. In addition to the Adult membership for \$5 and High School for \$2, there is a family membership available for only \$10.

TREASURY REPORT

Income			
	Membership Dues	\$ 204	
	Race Entry Fees	<u>103</u>	
	Total		\$ 307
Expense			
	Medals		<u>150</u>
Balance on Hand			\$ 157

CLUB LOGO

During the meeting some time was spent discussing possible insignia for the club. The idea of using the "Keeper of the Plains" had to be abandoned because of copyright problems. If any of the members has other ideas please call one of the officers and pass it along.

WRC'S FIRST RACE DAY

Wichita, Kansas, Saturday, February 7, 1976 - The Wichita Running Club held its first Race Day at West High School and along the Arkansas River today. Although the weather was chilly forty-one participated in the three events, Predict Mile, Three Mile, and Six Mile. The youngest participant was seven year old Kevin Allen and Paul Evans, 54, was the senior participant.

Predict Mile Results -

<u>Name</u>	<u>Age</u>	<u>Predict</u>	<u>Actual</u>	<u>Diff</u>
1. Dale Orr	17	6:00	5:57	:03
2. Gayla Hefley	36	7:40	7:47	:07
3. Cecil Smith	21	8:00	7:50	:10
4. David Croow	31	6:00	6:14	:14
5. Robert Ohmie	21	6:44	6:30	:14
6. Dean Young	21	6:45	6:31	:14
7. Paul Evans	54	7:00	7:15	:15
8. Gene Oliver	15	6:40	6:20	:20
9. Chris Hefley	14	5:30	5:55	:25
10. Jim Loop	50	8:00	7:30	:30
11. Sam Kevan	28	7:00	6:28	:32
12. Willie Frazier	18	5:00	5:40	:40
13. Ralph Allen	44	8:40	7:20	1:20
14. Eddie Caddell	14	7:00	5:52	1:48
15. Kevin Allen	7	14:00	11:45	2:15

Three Mile Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	
1. Bill Rutherford	17	16:54	1st High School
2. Willie Frazier	18	17:19	
3. Ken Renner	21	17:36	1st Under 30
4. Mark Evans	16	18:90	
5. Bob Touchatt	19	19:14	
6. Chris Hefley	14	20:12	1st Junior High
7. Dean Young	21	20:16	
8. Robert Ohmie	21	21:05	
9. Sam Kevan	28	21:44	
10. Cecil Smith	21	23:30	
11. Eddie Caddell	14	27:37	
12. Gayla Hefley	36	28:06	1st Women
13. Jim Loop	50	29:05	1st 50 & Over

WRC'S FIRST RACE DAY (Cont'd)

Six Mile Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	
1. Kendall Smith	19	33:36	1st Under 30
2. Bob Ream	22	33:37	
3. Dean Haggartan	21	33:59	
4. Brent Coffman	20	34:20	
5. Bob Christenson	21	34:21	
6. Pete Orozco	21	34:22	
7. Brent Wooten	26	35:35	
8. Ray Graham	36	35:44	1st 30 to 40
9. Brad Anderson	24	36:17	
10. Andy Parks	19	36:32	
11. Pat Blanchard	26	37:03	
12. Dwight Gillespie	32	37:30	
13. Dale Goering	45	37:50	1st 40-50
14. Wayne Yonce	43	37:59	
15. Leon Mattocks	33	39:37	
16. Steve Ryan	35	40:30	
17. Mark Burdan	15	41:11	1st High School
18. Steve Riley	16	41:37	
19. John Burdan	47	43:27	
20. Howard Mickel	51	45:52	1st 50 & Over

WICHITA RUNNING CLUB'S FEBRUARY RACE DAY

The Wichita Running Club will hold its second race day in February.

Date and time: Saturday, February 28, 1976, 10:00 a.m.

Distance: Predict Mile, Three Mile and Eight Mile

Place: West High School - Predict Mile on track. Three and Eight Mile Races along Arkansas River.

Divisions: Women, High School, Under 30, 30-40, 40-50, 50 & Over

Awards: All participants.

Entry Fee: \$2.00 for Wichita Running Club members and \$3.00 for non-members.

Official: Race Director - Ray Graham

WRC'S PRESIDENT COMMENTS ON SATURDAY MORNING FUN RUNS

We have established Saturday mornings, 10:00 am, at West High School, as the time and place for "fun running". The purpose of the runs is not to determine how fast a person can run in relation to other people, but establish companionship among runners here in Wichita and the surrounding area. If you can run and carry on a conversation with your running partner, then you are running at the proper speed. For those who like competition, we have established one day a month as "Race Day". On these days we will try to have three races: (1) A predicted time race, (2) A race normally consisting of two or three miles, (3) A long race consisting of eight to ten miles.

I would like to see as many club members out for the Saturday morning fun runs as possible, weather conditions permitting. I think we can establish some good friendships as a result of our activities as well as improving our health.

WICHITA RUNNING CLUB MEMBERS

David Alexander	942-5806	Chris Hefley	722-7065
Joe Alvarez		Gayla Hefley	722-7065
Robert Beattie	267-5905	Jim Loop	838-1176
Pat Blanchard	943-4589	Bill Manning	686-9234
Paul Bridges	684-6687	Leon Mattocks	686-6310
Ken Brim	684-9681	Howard Mickel	683-9222
Dale Brooks	283-6454	Keith Miers	684-1720
John Burdan	686-4400	Robert Ohmie	522-5685
Eddie Caddell	684-8330	Pete Orozco	689-2140
Tim Carr	722-5038	Jim Presley	263-4059
Robert Christensen	686-9654	David Ratliff	683-4328
Mal Doggett	522-0267	David Ratliff, Jr.	683-4328
Charles Doze	684-6655	Steve Riley	772-5483
Mike Draut	686-8568	Bill Rutherford	685-5863
Mark Evans	264-4925	Steve Ryan	722-1989
Paul Evans	777-1458	Timothy Siqwarth	267-4475
Ray Frederick	682-3639	Cecil Smith	263-4154
Bobby Fulgroat	838-4497	Robert Touchatt	264-2127
Dwight Gillespie	265-0936	Brent Wooten	522-4581
Dale Goering	682-2712	Wayne Yonce	722-5625
Ray Graham	788-3872	Dean Young	685-9705

AREA LONG DISTANCE RUNNING SCHEDULE

2-28-76	20 KM & 5 KM Races 1 Mi. Pred., 3 Mi. & 8 Mi. Races	Tulsa Mohawk Park - 11 am Wichita West HS - 10 am
3-06-76	5.55 Mile Relay	N. Little Rock, Ak
3-13-76	3 Mile Predict	Stillwater - 9:30 am
3-20-76	20 KM MVAU & Flint Hills Run & Women's 10 KM Races 10 Mile Lake Hefner Run	Manhattan - 2 pm Oklahoma City - 10 am
3-27-76	Wichita Running Club Races 6th Annual Oil Capital Marathon	Wichita West HS - 10 am Tulsa Mohawk Park - 9 am
3-28-76	Mid-America Masters Fun Run	Lenexa - 2 pm
4-10-76	5 KM & 10 KM Handicap	Stillwater - 9 am
4-17-76	Road Runner Marathon Miles for Mankind Kansas Relays Marathon	Gage, OK Tulsa Mohawk Park - 7 am Lawrence
4-24-76	8 Mile Lake Overholser Race	Oklahoma City - 9 am
5-01-76	Wichita Running Club Races 1 Hr. Run, 2 Mi. & Women's 1 Mile	Wichita West HS - 10 am Broken Arrow HS - 8 am
5-15 76	9th Annual Okie Relays 1 Hour Run & 440 Race	Texhoma - 8 am Stillwater - 8 am
5-22-76	6 Mile Race	Oklahoma City - 9 am
5-29-76	USTFF Marathon	Wichita - 7 am
5-31-76	Meet of Miles	Shawnee Mission West HS - 2 am
7-04-76	Bicential Races	Wichita

Race Contacts -

Wichita	Ray Graham, 10150 S. Hillside, Wichita, KS 67233 316-788-3872
Shawnee Mission	Carl Owczarzak, 6823 W. 77th Terrace, Overland Park, KS 913-341-6864
Manhattan	Arne Richards, 1223 N. 12th, Manhattan, KS 66502 913-539-6478
Tulsa	Larry Aduddell, 4519 S. Kingston, Tulsa, OK 74135 918-664-1919
Oklahoma City	Dr. Dan Metcalf, 400 NW 30th, Oklahoma City, OK 73118 405-524-5958
Stillwater	Dr. Billy Crynes, 920 N. Cantwell, Stillwater, OK 74074 405-377-3573
Texhoma	Brent Wooten, 1010 W. 44th S. #14, Wichita, KS 67217 316-522-4581
Little Rock	Gerald Hastings, 2612 Kavanaugh, Little Rock, AK 72204 501-663-3640

MINUTES OF WICHITA RUNNING CLUB MEETING, 17 February 1976

1. The meeting opened with Ray Graham leading a discussion of the organization and activities of other running clubs that members have been associated with.

2. The election of club officers was the next item of business. The following slate of officers were elected:

President	John Burdan
Vice President/Race Dir.	Ray Graham
Assistant	Pat Blanchard
Secretary	Steve Ryan
Assistant	Brent Wooten
Treasurer	Leon Mattocks
Assistant	Wayne Yonce
Publicity/Membership	Cecil Smith

3. The members discussed the pros and cons of joining several national associations. It was decided to seek affiliation with Road Runners Club of America but not to contact the Amateur Athletic Union.

4. February 28 was designated as the next race day. The events will be the predict mile, 3 mile and 8 mile. The competition groups will be High School, Under 30, 30 - 40, 40 - 50, Over 50 and Women. Medals will be awarded to all participants.

5. For subsequent race days the club will award a gold medal to first place finishers in each group, silver medals to second place finishers and bronze medals to all other participants. Ray Graham and Brent Wooten will check businesses and prices for ordering additional medals.


6. Leon Mattocks said that he would confer with Southwestern Relays officials about including some masters events in their program.

7. There was a discussion about a club insignia. Steve Ryan said that he would contact Blackbear Bosin about using the "Keeper of the Plains". Also it was decided to order 'iron-on' logos rather than trying to stock tee shirts.

8. Future Race Days were set for March 27 and May 1 at West High School.

9. Treasury balance is \$157.00.

10. Membership status is 42.


Stevan E. Ryan
Secretary