



The Wichita Running Club

Volume 3, Number 13

December 1978

WRC NOTES

The Wichita Running Club is ending its third year with a membership of about 250. This is twice the 1977 membership and a good indication of the amount of interest in running in South Central Kansas. As you can see by the enclosed schedule for 1979 there is a complete slate of races. We anticipate that there will be additions to the schedule throughout the year. To keep abreast of all the races, results, and to continue to receiving RRCA Footnotes you should renew your membership as soon as possible. To renew send your money to Brent, Leon or Steve. Inflation has not impacted the membership fee which remains at \$5 for individuals; \$10 for families, and \$2 for students.

WRC would like to welcome Charles Kosier of 1115 Pinecrest Court, Newton, KS 67114 as a new member.

PERFORMANCE & PARTICIPATION AWARDS

Carl Nicholson and Leon Mattocks are 1978 WRC Performance and Participation award winners. Carl won the Performance Award by defeating the largest number of competitors at the twelve races. Carl and Leon tied for the Participation Award. Both competed in all twelve races in 1978.

The 1979 competition for both awards will begin with the January 20 race and end with the December 8 race. The awards will again be based on the twelve monthly races.

<u>Performance</u>		<u>Participation</u>	
Carl Nicholson	657	Leon Mattocks	12
Paul Shimon	558	Carl Nicholson	12
Brent Wooten	545	Steve Ryan	11
Leon Mattocks	506	Paul Shimon	11
Brent Coffman	446	Denise Farha	10
Tim Rives	440	Bob Fowler	10
J. Means	429	Steve Lester	10
Steve Ryan	414	Brent Coffman	10
Pat Blanchard	383	Brent Wooten	10

DECEMBER RACE

Saturday, December 9 - Bill Schmidt won the Ten Kilo race despite the cold weather and snow packed course. Other Division Winners were Mark Ruggles(17-), Carl Nicholson(30+), Charles Doze(40+), Walt Kleinsasser(50+), DaLaine Roark(Women 29-) and Carol Swaney(Women 30+). Temperature at race time was 12 degrees with little wind. WRC would like thank Marcia Schroeder and Cindy Bugner for their help with officiating.

Ten Kilo Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Hometown</u>
1.	Bill Schmidt	20	33:09	1st Open	Wichita (Unless noted)
2.	James Means	21	33:28	2nd Open	
3.	Terry Ziegler	28	33:48	3rd Open	
4.	Carl Nicholson	31	33:51	1st 30+	
5.	Kendall Smith	21	33:52		
6.	Chet Brown	20	34:15		McPherson
7.	Paul Shimon	32	34:54	2nd 30+	Winfield
8.	Mark Ruggles	17	36:17	1st 17-	
9.	Bob Ream	25	36:41		
10.	Dave Robl	30	37:06	3rd Open	
11.	Clark Enszt	31	37:31		
12.	Roger Berger	16	37:32	2nd 17-	
13.	Pat Blanchard	29	38:13		
14.	Dale Burge	36	38:20		McPherson
15.	Charles Doze	43	38:26	1st 40+	
16.	Joe Orozco	28	39:43		
17.	Leon Mattocks	36	39:57		
18.	Gary Halley	38	40:42		
19.	Kent Naugle	38	40:53		
20.	Bob Fowler	41	41:08	2nd 40+	
21.	Don Ratzlaff	22	41:32		Hillsboro
22.	Gene Wright	38	42:09		Emporia
23.	Brad Anderson	27	42:26		MNewton
24.	Rick Hahn	27	42:55		
25.	Gary Brown	24	43:13		Arkansas City
26.	Tom Lewis	33	43:29		
27.	Rusty Richards	37	43:56		
28.	Walt Kleinsasser	56	44:06	1st 50+	Hillsboro
29.	Lawrence Lay	34	45:15		
30.	Willard White	32	45:16		
31.	Don Campbell	31	45:19		
	Gerald Graham	41	45:19	3rd 40+	
33.	Larry Shields	29	46:13		Goddard
34.	Ralph Allen	47	46:46		
35.	Martin Eby	44	46:55		
36.	Dale Stelz	31	47:36		Goddard
37.	Wayne Dotts	39	47:54		Lenexa
38.	Mike Miller	25	48:06		
39.	Dalaine Roark	14	48:20	1st Women 29-	Emporia
40.	Carol Swaney	35	53:11	1st Women 30+	Emporia
41.	Susan Nicholson	26	55:15	2nd Women 29-	
42.	Susan Abbott	30	60:18	2nd Women 30+	
43.	Don Adams	15	61:37		Valley Center

One Mile Predict Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Hometown</u>
1.	Eugene Friedman	34	6:45	Wichita (Unless noted)
2.	Dianne Compton	36	7:25	
3.	Lee Cousins	17	7:34	Haysville
4.	Terry Couch	18	5:33	Haysville

5.	Allen Cousins	15	9:38	Haysville
6.	Mary Kozicki	34	8:01	
7.	Rick Trimmell	16	5:29	
8.	Kevin Allen	10	8:20	
9.	Lester McGuire	35	7:21	
10.	Lynn Woodward	33	5:50	
11.	Shannon Greer	17	7:41	Emporia
12.	Bill Podschum	20	5:41	Augusta
13.	Jeanice Shimon	25	7:35	Winfield
14.	Bob Slaughter	19	7:31	
15.	Ron Johnson	15	5:30	
	Philip Ingle	19	6:15	
17.	Robert Dean	17	5:31	
18.	Galen Fowler	9	10:05	
19.	Steve Couch	19	6:38	Haysville
20.	Charlie Claycomb	29	6:24	
21.	Elizabeth Fowler	11	9:13	

WRC JANUARY RACE

<u>Event</u>	Four Mile & 1 Mile
<u>Date & Time</u>	Saturday, January 20, 10:00 a.m.
<u>Location</u>	Cowtown Parking Lot, Sim Park, Wichita
<u>Entry Fee</u>	WRC Member \$2.00. Non-WRC Member \$3.00.
<u>Divisions</u>	17-, Open, 30+, 40+, 50+, Women 29- and Women 30+
<u>Awards</u>	Four Mile - Trophy to First Three finishers in each division. One Mile - Trophy to First finisher in each division.
<u>Sanction</u>	Road Runner Clubs of America
<u>Race Director</u>	Brent Wooten, 3045 S. Custer, Wichita, KS 67217 Phone 316-942-4560

AREA DISTANCE RACES

January			
06	1200*	5 Mile, 3 Mile & 1 Mile	AMOCO Research Center, Tulsa 1
13	1000	20 Kilo and 5 Kilo	Mohawk Park, Tulsa 2
13	1200	Mid-America Masters Championship	Nebraska Wesleyan U., Lincoln 3
20	1000	4 Mile & 1 Mile	Sim Park, Wichita 4
February			
10	1200*	10 Kilo & 5 Kilo	21st & Riverside Dr., Tulsa 1
10	1400	5 Mile RRCA Championship	Big Thompson H.S., Loveland, CO 5

Contacts -

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- Larry Aduddell, 6200 S. 221st E. Ave., Broken Arrow OK 74012
- Jim Lewis, 2900 John Ave., Lincoln, NB 68502
- Brent Wooten, 3054 S. Custer, Wichita, KS 67217
- Ron Jensen, P. O. Box 279, Fort Collins, CO 80522

* AAU Card required

RENEW YOUR WRC MEMBERSHIP TODAY!