

WICHITA RUNNING CLUB NEWSLETTER

Volume 1, Number 10

December 1976

WRC MEMBERSHIP

At the end of our first year the Wichita Running Club has ninety-nine members. Of course most of the members are from Wichita but we also have members from Newton, El Dorado, Mulvane, South Hutchinson, Rose Hill, Derby, Sedgwick, Haysville, Peabody, Hutchinson and Germany. WRC would like to welcome the following new members:

Tim Aiken (19)	Wichita
Irvin Bashor (71)	Kimball, Nebraska
Victor Doll (25)	Hutchinson
Mark Ingram (18)	Wichita
John White (43)	Wichita
Gerald Witten (47)	Emporia

With the close of 1976 it is time to renew your membership unless you joined during the fourth quarter. Our membership fees will remain the same (\$5 individual, \$2 student and \$10 family). You may mail your renewal to Steve Ryan or renew at the next race.

WRC OFFICERS' MEETING

The WRC officers held a meeting 29 December to plan next years activities. The race schedule for 1977 was prepared and follows in the newsletter. It was decided to hold a club meeting at West High School February 12 at 9:30 prior to the scheduled race. The meeting topics will include officer election, club status, member's comments about the club and any other topics suggested by members. The officers decided to make awards for 1977 based on 1) performance of members within their divisions, 2) participation in WRC events and 3) oldest and youngest participants.

TREASURER'S REPORT

Leon Mattocks reports that we will have \$403.20 in the treasury at the end of the year.

FUN RUNS

The officers discussed Fun Runs for club members. It was decided unless someone wants to take the responsibility of organizing them to let members organize their own based on location, distance, day and time. For instance, Pat Blanchard said that he joins Dale, Dwight and others for a long run on Sunday mornings. Anyone that would like to join them should call Pat to find out what their plans are for that week. Pat has recently moved so you will have to call information to get his phone number. If anyone would like to be a contact for Fun Runs please contact me so I can include your name, phone number, etc. in the WRC Newsletter.

HELP

If anyone has an "in" with one of the local papers, TV or radio stations please contact Brent. We would like to get some news coverage of our races and publicity for the club.

If you know anyone who would like to help officiate the races please invite them to the next race or have them contact Brent.

WRC MEMBERS EXCEL

Three WRC members were among the 104 participating in the Sunflower 1/2 Marathon on December 4th. Brent Coffman placed second(70:12), Brad Anderson placed twenty-eighth(80:55) and Dale Burge as twenty-ninth(80 58) in the event held in Topeka.

The same day three other members were participating in the White Rock Marathon in Dallas. Wayne Yonce placed thir in his division with a time of 2:57:02. Dale Goering placed fourth with a 3:01:20. Dwight Fillespie finished with a time of 3:20:19.

WICHITA RUNNING CLUB RECORDS

WRC race records for this years events follow. Not all events have been included because the course length was inaccurate.

	<u>Two Miles</u>	<u>Three Miles</u>	<u>10 Kilometers</u>
Open	Steve Delano 10:07	Brent Wooten 16:04	David White 33:06
30+	Larry Towns 10:59	Dwight Gillespie 17:21	Leon Mattocks 36:43
40+	Gerald Witten 12:10	Dale Goering 17:48	Gerald Witten 44:14
50+	Dale Brooks 14:29	Jim Loop 22:16	Dale Brooks 51:47
Women	Shirley West 15:08	Debbie Strehle 21:00	Heidi Bright 47:28
	<u>Eight Miles</u>	<u>Ten Miles</u>	
Open	Paul Burdan 44:04	Brent Coffman 51:36	
30+	Ray Graham 47:14	Leon Mattocks 58:07	
40+	Dale Goering 49:47	Dale Goering 59:04	
50+	Howard Mickel 1:02:43		
Women	Tammie Gilpin 59:40	Tammie Gilpin 1:05:08	

WRC DECEMBER RACE RESULTS

Saturday, December 11 - David White won the Sims Park 10,000 Meter race and broke the old record. Leon Mattocks, Gerald Witten and Heidi Bright also broke records for 30+, 40+ and Women's Divisions. The race was a cold one with a temperature of 22 degrees and a slight wind at race time. All twenty-four starters finished the 10 Km race.

Predict Mile Results-

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Dif</u>	<u>Home</u>
1. Irvin Bashor	71	7:29	-:01	Kimball, NB
2. Kevin Allen	8	8:33	+:03	Wichita
3. Scott Lysle	16	6:56	-:04	Wichita
4. Mike Allen	11	8:12	+:12	Wichita
5. Phillip Ingle	16	5:46	+:16	Wichita
6. David Ratliff	8	8:13	+:48	Wichita

10,000 Meter Results -

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Home</u>
1. David White	20	33:06	1st Open	Wichita
2. Paul Burdan	20	34:31	2nd Open	Wichita
3. Greg Topham	18	35:28	3rd Open	Peabody
4. Steve Delano	15	35:57		Winfield
5. Leon Mattocks	34	36:43	1st 30+	Wichita
6. Brad Anderson	25	37:20		Newton
7. Tom Brott	17	37:21		Winfield
8. Dale Burge	34	38:47	2nd 30+	McPherson
9. Dave Robl	29	39:07		Wichita
10. Pat Blanchard	27	39:25		Wichita
11. Chris Stewart	17	39:31		Haysville
12. Jim Helmer	27	39:43		Winfield
13. Steve Ryan	35	40:03	3rd 30+	Wichita
14. Bill Allen	26	41:08		Wichita
15. Victor Doll	25	42:54		Hutchinson
16. Ron Van Sickle	21	43:38		Wichita
17. Joe Alvarez	25	44:02		Wichita
18. Gerald Witten	47	44:14	1st 40+	Emporia
19. Craig Baker	16	44:43		Winfield
20. Ralph Allen	45	46:47	2nd 40+	Wichita
21. Heidi Bright	15	47:28	1st Women	Winfield
22. John White	43	51:09	3rd 40+	Wichita
23. Dale Brooks	53	51:43	1st 50+	Newton
24. James Berlin	34	52:00		Wichita

WRC JANUARY RACE DAY

Date and Time: Saturday, January 22, 1977, 11:00 am

Place: Sims Park

Events: 4 Mile & 1 Mile Predict

Divisions: Women, Open, 30+, 40+, and 50+ Medals to all finishers.

Sanction: Road Runners Club of America

Entry Fee: Members \$2.00. Non-Members \$3.00.

Registration: Cow Town Parking Lot. Runners must complete entry blanks by 9:45 am.

Race Director: Brent Wooten. Home 522-4581. Office 268-4480.

WRC 1977 RACE SCHEDULE

January 22	Four Mile and One Mile Predict	Sims Park	11:00
February 26	Eight, Three and One Mile Predict	West High Sch.	11:00
March 19	Five Mile and One Mile Predict	Sims Park	10:00
April 23	Twenty and Five Kilometers	Sims Park	8:00
May 14	River Festival Ten Kilo and 1500 Meter Predict	Sims Park	9:00
May 28	USTFF Marathon	Wichita State	am
June 18	5000 Meter and 1500 Meter Predict	Wichita State	8:00
July 4	Ten Mile and One Mile Predict	Wichita State	pm
August 20	10 Kilometer and 3000 Meter	Watson Park	8:00
September 10	15 Kilometer and 3000 Meter Predict	Sims Park	8:00
October 15	Cross Country	Echo Hills	8:00
November 19	Ten Mile and Two Mile Turkey Trot	Sims Park	10:00
December 10	10 Kilometer and 1500 Meter Predict	Sims Park	11:00