

WICHITA RUNNING CLUB

NEWSLETTER

Volume 2, Number 7

August 1977

WRC MEMBERSHIP

The Wichita Running Club would like to welcome the following new members:

Mike Burns(27)	Lindsborg	Tim Rives(18)	Wichita
Patrick Frazier(9)	S. Hutchison	David Robl(29)	"
Robert Lida(40)	Wichita	Bill Rutherford(19)	"
Jeff Read(21)	"	Terri Torres(25)	Hutchison
David Rice(18)	"	Marty Winslow(16)	"
Robert Rives(44)	"	Willard White(31)	"

WRC FAMILY PICNIC

The Running Club held its annual Family Picnic at Gayla Hefley's house. The members and families had a very enjoyable time and again the food was outstanding. During the business meeting voted to change the officer terms from January thru December to July thru June. The present officers will serve thru June 1978. Brent received approval to purchase an electronic stopwatch for the club. There was some discussion on holding running seminars. Leon reported that there was \$436.16 in the treasury. A questionnaire was distributed to the members to get their opinions about race distances and awards. WRC would like to thank Gayla and Gary Hefley for hosting the picnic.

DENNIS DELMOTT WINS SECOND ANNUAL WATSON PARK TEN KILO RACE

Saturday, August 20 - Dennis Delmott out ran a fast crowd to capture the WRC 10 Kilo Record. Ivan Torres, Dale Goering and Linda Quinlisk also ran for record times in the 30+, 40+ and Women's Divisions, respectively. It was an ideal race day with a temperatue of 72 degrees and a cloudy sky with little wind.

Ten Kilo Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Hometown</u>
1.	Dennis Delmott	29	32:05*	1st Open	Emporia
2.	Brent Coffman	22	32:32	2nd Open	Wichita
3.	David Zuk	20	32:40	3rd Open	Hutchison
4.	George Poland	21	33:29		Greensburg
5.	Brent Wooten	26	34:12		Wichita
6.	Tom Noonan	21	34:18		Emporia
7.	Bill Rutherford	19	34:23		Wichita
8.	Hal Hays	24	34:38		"
9.	Jeff Bell	17	35:05	1st 18-	"
10.	Ken Renner	21	35:09		Derby
11.	Beorge Collier	16	35:15	2nd 18-	Wichita
12.	Rick Brading	19	35:45		Emporia

13.	Ivan Torres	30	36:06*	1st 30+	Hutchison
14.	Paul Shimon	30	36:18	2nd 30+	Winfield
15.	Dale Frazier	31	36:46	3rd 30+	Hutchison
16.	Tim Rives	18	36:48	3rd 18-	Wichita
17.	Steve Burpee	16	36:54		"
18.	Leon Mattocks	34	37:19		"
19.	Pat Blanchard	28	37:21		"
20.	Allen Renner	20	37:44		Derby
21.	Dennis Regan	15	37:51		Wichita
22.	Dennis Petterson	28	38:20		"
23.	Todd Russell	34	38:56		"
24.	Jan Brusso	28	38:57		"
25.	Marty Winslow	16	39:14		"
26.	Dale Goering	47	40:18	1st 40+	"
27.	Ken Schroeder	30	40:31		"
28.	Jeff Taylor	17	40:32		"
29.	Steve Landrum	32	41:21		"
30.	Steve Ryan	36	41:33		"
31.	Craig Rindt	28	41:38		"
32.	Paul Brough	18	42:01		Emporia
33.	Gerald Witten	48	42:07	2nd 40+	"
34.	Linda Quinlisk	25	42:11*	1st Women	Wichita
35.	Willard White	31	44:07		"
36.	John Ogle	39	44:22		Enid, OK
37.	Phillip Ingle	17	44:47		Wichita
38.	Kendall Niquette	16	45:31		"
39.	Joe Alvarez	26	45:53		"
40.	Brian Sims	14	47:02		Hutchison
41.	Terri Torres	25	49:10	2nd Women	"
42.	Mark Ingram	18	49:15		Wichita
43.	Kelly Frazier	13	49:26		Hutchison
44.	Leo Fessler	32	52:27		Emporia
45.	Bob Rives	44	52:28	3rd 40+	Wichita
46.	Dale Brooks	53	56:38		Newton
	Paul Balthazor	18	DNF		Wichita

* - New Record

Two Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Hometown</u>
1.	Dave Robl	29	10:23	1st Open	Wichita
2.	Terry Couch	17	11:18	1st 18-	Haysville
3.	Jeff Read	21	11:26	2nd Open	Wichita
4.	Gary Brown	22	11:27	3rd Open	"
5.	Keith Miers	39	11:50	1st 30+	"
6.	Thomas Poteete	19	11:55		Derby
7.	Bill Allen	26	12:12		Wichita
8.	Chesley Adams	24	12:28		"
9.	Bob Lida	40	12:35	1st 40+	"
10.	Ricky Trimmell	15	12:55	2nd 18-	"

11. Mike Ogle	17	13:18	3rd 18-	Enid, OK
12. Jack White	44	13:36	2nd 40+	Wichita
13. Pat Frazier	9	15:16		Hutchison
14. David Ross	9	16:21		Wichita
15. David Ogle	9	17:06		Enid, OK
16. James Gross	35	17:24	2nd 30+	Wichita
17. Gayla Hefley	38	17:45	1st Women	"

WRC SEPTEMBER RACE

Date & Time: Saturday Morning, September 10, 1977, 8:00 am

Events: 15 Kilometre(9.3 Miles) and 5 Kilometre(3.1 Miles)

Place: Sims Park. Registration at Cowtown Parking Lot prior to 7:45 am.

Divisions: Women, 18-, Open, 30+ & 40+. 15 Kilo - Three awards(Women Two) per division. 5 Kilo - One award per division. Medals to all finishers.

Entry Fee: Members \$2.00. Non-Members \$3.00.

Race Director: Brent Wooten, 3054 S. Custer, Wichita, Kansas 67217.
Home 316-942-4560.

WRC MEMBERS COMPETE

Hospital Hill Run, Kansas City, MO June 4, 1977:

1 Mile - Gavin Busey 6:36 4th 1 - 13 Div.
7.7 Mile - Leon Mattocks 45:38 4th 30-39 Div.
Dale Goering 46:18 1st 40-49 Div.
Jim Hershberger 47:28 2nd 40-49 Div.
13 Mile - Rod Busey 1:07:07 22nd 40-49 Div.

Lake Atwood Ten Mile Road Race July 30 1977:

Steve Renner 53:44 5th Brent Coffman 57:57 34th
David Zuk 54:47 11th Leon Mattocks 62:32 84th
Bob Christensen 55:51 18th

Third Annual Mid-America Masters Regional Championships, Lawrence, KS June 18, 1977

Bob Lida 40-44 Div. 1st 100 10.5, 1st 220 23.8, 1st 440 52.8.
Dale Goering 45-49 Div. 1st 880 2:18.4, 1st Mile 5:08.9, 1st 3000 Meter 10:08.

AREA RACES

9/03 15 Km and 5 Km Run 7:00 am Mohawk Park, Tulsa Vern Whiteside
9/05 Heart of America Marathon 6:00 am Columbia, Missouri Joe Duncan
9/10 One Hour Run & 12 Min Run 8:00 am OSU, Stillwater, OK Vern Whiteside
9/17 10 Mile Lake Hefner Run 9:00 am Oklahoma City Vern Whiteside
9/18 Cross Country Fun Run 2:00 pm ORU, Tulsa Vern Whiteside
9/24 Cross Country 1:00 pm S-M Park, Lenexa, KS Verlyn Schmidt