

WICHITA RUNNING CLUB NEWSLETTER

Volume 1, Number 6

August 1976

WICHITA RUNNING CLUB NOTES

John Burdan reports that he finished 554th out of 2300 starters in the Peachtree Run in Atlanta on July 4th. Mark Burdan finished 732nd. He said that they had to wait in block long lines to cross the finish line. John wrote that he is adjusting to running hills again after leaving the "Flatlands". He said that he able to run in a race about every weekend. In the Internationer Volkslauf John finished 28th and Mark 39th in their divisions.

The Running Club would like to welcome the following new members:

Bill Allen (25)

David Lull (29)

Thomas Fontana (35)

Christopher Stewart (16)

James Glasner (26)

WICHITA RUNNING CLUB'S SEPTEMBER RACE DAY

Date and Time: Saturday, September 11, 1976, 8:00 a.m.

Distance: Predict Mile, Three Miles and Eight Miles

Place: Wichita West High School Parking Lot

Course: Bicycle path along Arkansas River and thru Riverside Park

Divisions: Women, 18 & Under, Open, 30+, 40+ and 50+

Sanction: Road Runners Club of America

Race Director: Brent Wooten Business 268-4480 or Home 522-4581

Race Entry: All runners must complete entry blanks by 7:45 a.m.
on morning of race.

WATSON PARK 10 KILOMETER RACE

Saturday 14, 1976 - Mark Newland won the 1st WRC Watson Park 10,000 meter race to best a field of 26. This establishes a WRC record for the race as others also did in their own age divisions. This will be an annual established race in the years to come for the month of August. The temperature at race time was 78 degrees with very little wind. WRC would like to express thanks to Susan Peters & Thomas Campbell for help with timing the race.

Predict Mile Results -

	<u>Name</u>	<u>Age</u>	<u>Predict</u>	<u>Actual</u>	<u>Diff.</u>	
1.	Mark Isom	15	7:30	7:30	:00	El Dorado
2.	Colin Busey	10	6:30	6:29	:01	Wichita
3.	Chris Wilson	7	7:15	7:12	:03	Andover
	Gavin Busey	11	6:45	6:42	:03	Wichita
5.	Ralph Allen	44	6:45	6:32	:13	Wichita
6.	Mike Allen	11	7:55	8:08	:14	Wichita
7.	Joe Alvarez	25	5:20	5:37	:17	Wichita
8.	Kevin Allen	7	9:30	9:51	:21	Wichita
9.	Gayla Hefley	37	8:19	7:54	:25	Wichita
10.	Bill Bidwell	39	7:27	6:39	:48	El Dorado
11.	Rod Busey	46	8:45	7:56	:49	Wichita

10 Kilometer Results -

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	
1.	Mark Newland	22	33:16	1st Open	Wichita
2.	Lonnie Achey	20	33:50	2nd Open	Wichita
3.	Jeff Campbell	16	34:10	1st H. S.	Wichita
4.	Brent Wooten	26	34:20	3rd Open	Wichita
5.	Brent Coffman	21	35:27		Wichita
6.	Tim Aiken	19	36:15		Wichita
7.	John Orozco	26	36:34		Wichita
8.	Leon Mattocks	33	37:43	1st 30+	Wichita
9.	David Swanson	17	38:39	2nd HS	Wichita
10.	Chris Stewart	16	38:59	3rd HS	Haysville
11.	Dwight Gillespie	33	39:39	2nd 30+	Wichita
12.	Robert Ohmie	21	39:54		Wichita
13.	James Glasner	26	40:09		Wichita
14.	Bill Allen	25	43:16		Wichita
15.	Joe Alvarez	25	44:38		Wichita
16.	Sam Peluso	27	45:05		Rose Hill
17.	Mike Wekarski	21	46:17		Wichita
18.	Andy Lull	14	46:36		Wichita
19.	Rod Busey	46	47:13	1st 40+	Wichita
20.	Tim Fairhurst	43	49:02	2nd 40+	Wichita
21.	James Presley	25	50:22		Wichita
22.	Mark Isom	15	52:59		El Dorado
23.	Bill Bidwell	39	53:00	3rd 30+	El Dorado
24.	Tonie Southard	24	54:19	1st Women	Tucson, AZ
25.	Eddie Southard	33	54:20		Tucson, AZ
26.	Gayla Hefley	37	1:04:40	2nd Women	Wichita

AREA LONG DISTANCE RACE SCHEDULE

Sep	4	7:00 am	15 KM & 5 KM	Tulsa, OK
	10	9:00 am	10 Mile Run	Bartlesville, OK
	11	8:00 am	1 Mile Predict, 3 Mile & 8 Mile	Wichita, KS
	18	9:00 am	10 Mile Lake Hefner Race	Oklahoma City, OK
	18	9:30 am	4 Mile Cross Country	Wyandotte Park, K.C., MO
	25	8:00 am	15 KM & Handicap 17 Mile	Stillwater, OK
	25	1:00 pm	4 Mile Cross Country	S.M. Park, Lenexa, KS
	26	2:00 pm	Distance Runs	UMKC, Kansas City, MO
Oct	9	8:00 am	1 Mile Predict & 5 Mile Riverside	Wichita, KS
	9		3 Mile Predict-Cross Country	Stillwater, OK
	16	10:00 am	15 Mile Lake Overholser	Oklahoma City, OK
	23	9:00 am	4th Annual Double Riverside 10 & 2 Mile	Tulsa, OK
Nov	6	9:00 am	OK City RC Marathon Lake Overholser	Oklahoma City, OK
	13	10:00 am	25 KM and 2 Mile Race	Tulsa Mohawk Park, OK
	20	10:00 am	1st Annual Turkey Trot	Wichita, KS
	20	9:00 am	20 KM and 1 1/2 Mile Race	Stillwater, OK
Dec	11	10:00 am	1 Mile Predict & 10 KM	Wichita, KS
	11	10:00 am	30 KM and 2 Mile Race	Stillwater, OK
	18	11:00 am	15 KM and 5 KM Race	Tulsa Mohawk

Race Contacts -

Wichita	Ray Graham, 10150 S. Hillside, Wichita, KS 67233 316-788-3872
Shawnee Mission	Carl Owezarbak, 6823 W. 77th Terrace, Overland Park, KS 66204 913-341-6864
Tulsa	Vern Whiteside, 6916 S. Knoxville Ave, Tulsa, OK 74136 918-492-7922
Stillwater	Dr. Billy Crynes, 920 N. Cantwell, Stillwater, OK 74074 405-377-3573
Oklahoma City	Dr. Dan Metcalf, 1417 N. Robinson, Oklahoma City, OK 73103 405-524-5958
Kansas City	Russ Niemi, 8229 Eby, Overland Park, KS 66204 913-341-6691