

**INDIVIDUAL ENTRY FORM WAIVER AND RELEASE OF LIABILITY WAIVER:**

Participant waiver and release of liability. I know that running/walking road race is potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. By signing below I am affirmatively representing that I am well trained in the sport of recreational running, am in good physical condition, capable of entering and running this race, and that I am not aware of any medical or health condition, or of any physical defect that would cause me to be unable to run said race, or that would otherwise result in injury to myself or others or aggravate any medical, health or physical condition. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, lightning, all such risks being known or of which I am aware and which are understood by me. I hereby further understand and knowingly undertake the risks inherent in the conditions of the road and traffic on or near the course.

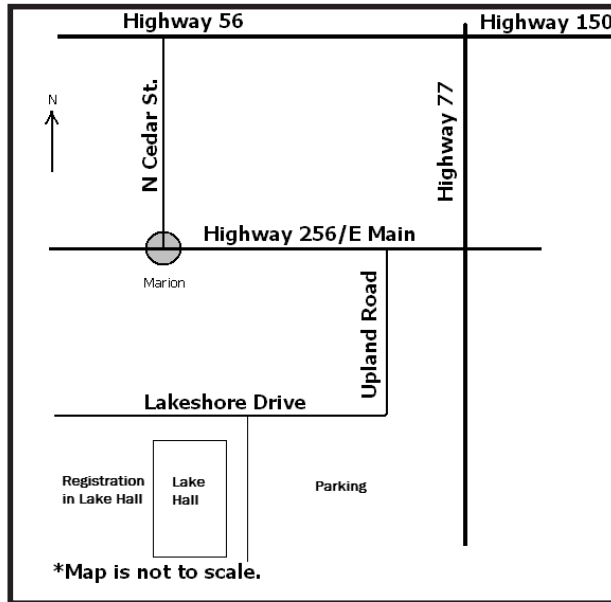
Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the MARION MOPS RUN FOR YOUR MOMMA events, I, for myself and anyone entitled to act on my behalf, waive and release the MOPs of Marion, Emmanuel Baptist Church, and all other sponsors and volunteers, their representatives and successors or assigns from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons named in the waiver.

I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, without imitation or obligation of further compensation thereof. By signing the waiver and release I am signifying that I fully understand its significance.

Participant Name/Signature

Date

Parent/Gaurdian Signature  
(if under 18 years of age)



The event is held at Marion County Lake, not the Marion Reservoir. The Marion County Lake is located ~4 miles southeast of Marion.



To create an inviting environment of support and fellowship for all moms.

For more information please contact  
mopsofmarion@outlook.com  
or visit us on the web at

[www.facebook.com/runforyourmomma](http://www.facebook.com/runforyourmomma)

**MOPS of Marion  
10th Annual  
Run For Your Momma**



**August 11, 2018  
Marion, KS**

*Visit us online at*

[www.facebook.com/runforyourmomma](http://www.facebook.com/runforyourmomma)

# RUN FOR YOUR MOMMA!

**Location:**  
**Marion County Lake**  
**1 Office Drive**  
**Marion, KS 66861**

**Marion County Lake**  
**is located**  
**~ 4 miles southeast**  
**of Marion.**  
**See map on back.**

**Event:**

- Half-Marathon & Half Marathon Relay starts at 6:30 AM
- 5K Fun Run/Walk starts at 7:30 AM *(Please allow 5 min. walking time to starting line.)*
- Half marathon relay teams will be limited to two persons per team; each will run half of the race.
- Day of Registration and sign in starts 1 hour prior to each race time at the Lake Hall.
- Early Registration and sign in is 7-8PM Friday Aug 10, 2018 at the Lake Hall (the Teal Building).
- Eight and under can participate for **free** *(t-shirt not included)*
- The 5K Fun Run/Walk is open for **all** ages and abilities.

**Registration:**

- Early Bird rates available until July 1, 2018
- Race Day Registration is accepted but not encouraged, and t-shirts are not available.
- Dri-Fit shirts are available in place of t-shirt for an additional charge of \$15. Please indicate size and fee on registration form. Order by July 26.

**Other Information:**

- All packets will include a t-shirt, race number, and meal ticket.
- A post race breakfast will begin at 8:00 and be free for participants. Non-participants are welcome to eat for \$5.
- Strollers welcome!
- Dogs on leashes welcome!

**Course Description:**

Come! And run the **Run For Your Momma Half-Marathon** on a fun and challenging course of pavement and country roads (gravel/dirt). The course features a variety of both hills and flat lands! The run will take you into the Norman Rockwell setting of the City of Marion. You will wind around the popular family destination of Marion County Lake with its commemorative CCC workers statue, and beautiful examples of the classic hand laid stonework of the 1930s. Experience pastoral scenes of prairie, growing crops, and cattle grazing all while being treated to the melody of native Kansas's birds. Watch for them perched on fences as you breeze by!

**Awards:**

**Half-marathon participants will receive a finisher's medal with age division male/female 1st place recognition.**

**Half-Marathon Relay**

1st Team - Each member gets \$25

**Half-Marathon for Males and Females**

1st Place \$100  
 2nd Place \$50  
 3rd Place \$25

**5K Fun Run/Walk**

Overall Male and Female \$25

For more information please contact  
 mopsofmarion@outlook.com  
 or visit us on the web at

[www.facebook.com/runforyourmomma](http://www.facebook.com/runforyourmomma)

**REGISTRATION FORM**  
 Please complete one registration per person, including children.

Mail registration(s) to:  
 MOPs of Marion  
 1904 230th  
 Marion, KS 66861



I am entering: *(select one)*

**Half Marathon    Half Marathon Relay    5K**

Name: \_\_\_\_\_

Age on Race Day \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Gender:    M    F

Emergency Contact: \_\_\_\_\_

Contact Number: \_\_\_\_\_

T-Shirt Size: *(select one)*  
*T-shirts can only be guaranteed if registration is turned in by July 26.*

Adult Size:    S    M    L    XL    XXL

Youth Size:    M    L

Dri Fit Size:    S    M    L    XL  
*(additional \$15 fee-mark below)*

1/2 Marathon (thru July 1)	<b>\$45</b>	_____
1/2 Marathon (after July 1)	<b>\$55</b>	_____
1/2 Marathon Relay Team (thru July 1)	<b>\$50</b>	_____
Team Member: _____		
1/2 Marathon Relay Team (after July 1)	<b>\$60</b>	_____
5K (thru July 1)	<b>\$20</b>	_____
5K (after July 1)	<b>\$30</b>	_____
8 years of age and under (no shirt)	<b>\$0</b>	_____
8 years of age and under (with shirt)	<b>\$10</b>	_____
<b>Dri-Fit Shirt Option</b> (instead of t-shirt)	<b>\$15</b>	_____
Non-participants Breakfast	# _____	<b>X\$5=</b> _____
Extra RFYM T-shirt (by July 27)	# _____	<b>X\$10=</b> _____
Donation to MOPs of Marion	\$ _____	_____

**Total \$** \_\_\_\_\_

**Waiver on back must be signed to participate.**  
**ENTRY FEES ARE NON-REFUNDABLE**  
 Make check payable to: MOPs of Marion  
**\$30 FEE ON RETURNED CHECKS**